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VOL. 28, NO. 13

SANIBEL & CAPTIVA ISLANDS, FLORIDA

SEPTEMBER 25, 2020

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Blind Raccoon Takes Message To Global Level

by Kathy Kurtz Ferrari

Sometimes the best life lessons come from the most unexpected places. Especially during a pandemic.

Ordinarily, wildlife education expert Dorothy "Dot" Lee would be bringing her animal ambassador, Trouper the Blind Raccoon, to meet school children and other groups all over Southwest Florida. But due to COVID-19 restrictions, Trouper's public appearances have been limited.

Lee, a licensed wildlife rehabilitation therapist, rescued Trouper when he was just weeks old after he was attacked by a man with a golf club 11 years ago. The incident left Trouper blind and helpless.

But with specialized care, hundreds of hours of therapy and lots of love from Lee, he has gone on to live a



Dorothy "Dot" Lee and Trouper the Blind Raccoon photos provided

pampered life, helping Lee establish the Wildlife Education Project. The volunteer, nonprofit organization – where Sanibel residents Brandon Phillips and Judy Louis are board members – teaches the public about treating wildlife and all living things with respect.

Legally blind herself, Lee has dedicated her life to Trouper's care, hand-feeding



Dot Lee teaches Trouper to swim on the Sanibel Causeway beaches

him, and even adapting her Fort Myers home to his needs.

"He had lost his ability to swim from that injury," Lee said in a recent phone conversation. "We spent five months

every Sunday afternoon on the causeway, me working with him, and he can now swim."

The special bond the two have is remarkable, evident even through video clips.

"He knows he is loved, and I know I am loved," Lee said.

Trouper can be held like a house pet, and is especially popular with children who ordinarily would never have the chance to touch a raccoon. But Lee stresses while wild animals are to be respected, they are not meant to become pets.

"You must remember raccoons are a wild animal," she emphasized. "Trouper is the way he is, as calm and non-aggressive, because he has massive brain injury."

During COVID-19 quarantine, Lee and Trouper have continued to share their message of respect by holding virtual presentations. Lee even put out press releases about their availability in Southwest Florida newspapers.

Bonita Springs resident Edward

continued on page 26



Breanna Frankel releasing the bald eagle in Estero photo provided

Bald Eagle Takes Flight After Months In Rehab

The Clinic for the Rehabilitation of Wildlife (CROW) released an adult bald eagle in Estero on September 20 after a six-month stint in rehabilitation

for injuries likely suffered in a fight with another eagle.

The eagle was rescued on March 10, not far from the release site, after being found unable to fly. Upon being admitted to CROW, veterinarians found the eagle's feathers in shambles along with several small scabs and a wound on its leg that required several days of bandaging to help it heal. Although the sex could not be

continued on page 7

FISH Distributing Free Personal Protection Kits

FISH of SanCap, in partnership with the City of Sanibel, Community Housing and Resources (CHR), Sanibel-Captiva Rotary Club and Sanibel Community Association (SCA), will be distributing COVID-19 personal protective equipment (PPE) kits to community members on Wednesday, September 30 and Thursday, October 1 from 11 a.m. to 5 p.m. at The Community House. Kits will be available on a first come, first served basis until inventory is depleted.

The City of Sanibel received an allotment of disposable facemasks, reusable cloth facemasks, and 16-ounce bottles of hand sanitizer from Lee County. "The health crisis we're facing is unprecedented; we're grateful to partner with the city on such an important venture," said Maggi Feiner, president and CEO of FISH of SanCap. "This is a true community partnership that will help continue to keep our community healthy and safe."

The CDC recommends use of face coverings as a means to protect each other from spreading COVID-19 in addition to other measures including frequent hand washing and social



Anthony Morales with PPE supplies photo provided

distancing. The FISH PPE packets will include multiple disposable facemasks, reusable cloth facemasks and a 16-ounce bottle of hand sanitizer. Packets will be provided at no cost to individuals and households.

Next week, FISH and CHR volunteers will assemble packages of supplies at the Center 4 Life. Distribution at The Community House will consist of a

continued on page 14

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Ban On Plastic Bags For Recycle And Yard Waste

by Wendy McMullen

Any vegetation or recyclable items placed in plastic bags can no longer be processed as recyclable after October 1, Community Services Director Keith Williams told the planning commission Tuesday.

"If you put something out on the road in a plastic bag, it will be redirected to the general garbage," Williams said, adding that people who continually put recycling material into plastic bags may run the risk of getting a bill.

He explained that solid waste was now being handled in three different ways. Regular garbage is collected by Advanced Waste Disposal and sent to an incinerator in Lee County to generate electricity. Horticultural waste is transported off island and ground into mulch, and recyclable products are machine sorted and reused.

Plastic bags get in the way of the last two processes. There is no longer a labor component which separates plastic bags from horticultural waste or recyclables and, in both cases, plastic bags clog the machinery and contaminate the mulch or recycled materials.

"They cannot be run into the mulcher," Williams said. "Plastic bags are not an effective way of handling lawn waste. Recycling machines don't like plastic bags either."

Yard and horticultural waste may continue to be bundled or put into a container or disposed of in biodegradable paper lawn or leaf bags. As part of the interlocal agreement to reduce the



City of Sanibel Director of Community Services Keith Williams with one of the yard waste bags photo provided

use of plastic bags, Lee County has donated 3,200 paper bags for recycling horticultural waste. These free bags can be picked up at the front door of the Public Works Department at Sanibel City Hall, 750 Dunlop Road, between 8 a.m. and 5 p.m. The limit is five per visitor.*

Supreme Court Sign Decision Leads To Study

by Wendy McMullen

A Supreme Court decision that sign restrictions based on content are a violation of the first amendment right of free speech will lead to an overview of the city's sign ordinance.

The decision came from a case brought by a church in Gilbert, Arizona, claiming

that the City of Gilbert cannot place restrictions on the churches' temporary signs directing worshippers to the church. The Supreme Court agreed, finding the restrictions unconstitutional.

City staff did not find any sign bias in the signs on Sanibel, according to a report at the meeting of the Land Development Code Subcommittee on Tuesday.

"If you have to read it, it's content based. If you don't have to read it, it isn't," said City Attorney John Agnew. "The city's signs are all neutral."

The sign matter will be considered at a future meeting on the subcommittee of the Land Development Code.*

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The Community House

SANIBEL COMMUNITY ASSOCIATION



The City of Sanibel has received an allotment of **COVID Personal Protective Equipment (PPE)** from Lee County, and has proudly partnered with FISH of SanCap, CHR, The Rotary Club of Sanibel-Captiva and the Sanibel Community House to distribute these items on

Wed, Sept 30th & Thurs, Oct 1st — 11a-5p as supplies allow

at The Community House—2173 Periwinkle Way

with a drive-thru, contactless pick up.

These PPE packets are an important tool to help stop the spread of the COVID virus and will include multiples of disposable facemasks, reusable cloth facemasks, and a 16oz bottle of hand sanitizer. **Packets are FREE to individuals and households that live or work on Sanibel Island.**

If anyone is interested in assisting on distribution day, including youth seeking community service volunteer hours, please contact Maria Espinoza at FISH—239.472.4775.

2430-B Periwinkle Way, Sanibel FL 33957 239.472.4775 • fishofsancap.org





Beach hut in 1970

Captiva Island Historical Society

Looking Back: Beach Hut

This week's image shows the Eleanor (Bumpy) Stevenson Nipa hut on the beach in 1970.

The History Gallery, developed by the Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old

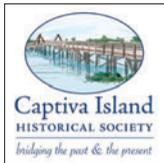


photo courtesy Captiva Island Historical Society Archives

mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. The Captiva Memorial Library and History Gallery are temporarily closed due to the coronavirus. Call 533-4890 for information.

Visit the website at www.captivaislandhistoricalsociety.org/archives/research to view many more images to bring you closer to Captiva. ✨

Churches/Temples

BAT YAM-TEMPLE OF THE ISLANDS

(Reform Jewish Congregation) Friday night Torah commentaries with Rabbi Stephen Fuchs at 7 p.m. at either www.batyam.org or Stephen Fuchs' Facebook page. Rabbi's coffee morning on Zoom Wednesdays, July 15 and August 12 at 11 a.m. Food and paper drive drop-offs Thursdays from 11 a.m. to 1 p.m. at Sanibel Congregational United Church of Christ.

Rabbi Stephen Fuchs, President Michael Hochschild, 917-561-7888. www.batyam.org, 2050 Periwinkle Way, 732-780-2016.

CAPTIVA CHAPEL BY THE SEA

Rev. Larry Marshall. Services every Sunday at 11 a.m. November 8, 2020 through April 25, 2021. 11580 Chapin Lane, Captiva, 472-1646.

CHAVURAT SHALOM

(Fellowship of Peace) Friday Shabbat services led by members at 6 p.m. Saturday morning Jewish current events at 11 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact ChavuratShalom@gmail.com to participate on Zoom.

FIRST CHURCH OF CHRIST, SCIENTIST

The Christian Science Church of Sanibel-Captiva has suspended all services and events until further notice. The church Reading Room will also be closed.

2950 West Gulf Drive, 472-8684.

SANIBEL COMMUNITY CHURCH

Contemporary Service at 9 a.m. and Traditional Service at 11 a.m. in the Main

Sanctuary. Now offering a "Masks Only" service via live stream at 9 and 11 a.m. in Fellowship Hall. View the Sunday Service online at sanibelchurch.com, 1740 Periwinkle Way, 472-2684.

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Rev. Deborah Kunkel, Associate Pastor. Livestream service at 10 a.m., www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH

Father Ed Martin, Administrator, Saturday Vigil Mass at 5 p.m., Sunday Mass at 8:30 and 10:30 a.m., Sunday May through October, 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday at 8:30 a.m. Holy Days. 3559 Sanibel-Captiva Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Alan Kelmereit, Priest-in-Charge. Livestream service Sunday at 10:30 a.m., other services, meetings and events are suspended until further notice, www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at Sanibel Congregational United Church of Christ. A potluck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.

Email changes to press@islandsunnews.com or call 395-1213. ✨

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OBITUARY



FAY ALBERTO (BETO) HERRERO

Fay A. Herrero, 91, passed away on September 12, 2020 in his home on Sanibel surrounded by his family. He had a fabulous life, was greatly loved, and will be missed deeply by all his family and friends.

He was born on April 25, 1929 in Mercedes Corrientes, a small rural town in northeast Argentina, to Fay O. Herrero and America Usandizaga. After earning his bachelor's degree in agricultural engineering from Universidad de la Plata, Argentina, he pursued his dream of coming to the U.S. and earned his PhD from Texas A&M University in 1959.

Fay was hired by Dow Chemical and

enjoyed a long career as an agricultural engineer for Dow Latin America, with assignments in Argentina, Miami, Costa Rica, Mexico City and Venezuela. He retired in 1992 from Dow in Caracas, Venezuela, where he served as general manager for 11 years, and moved to Sanibel, with his wife Maria Mercedes, while also enjoying their summer log cabin in eastern Tennessee.

Fay is preceded in death by his beloved wife Maria Mercedes and his son Alberto. Fay is survived by four children and their spouses, Fay O. Herrero (Julie) of Tampa, Florida, Mercedes O'Brien (Bill) of Raleigh, North Carolina, Marcelo Herrero of Sanibel, Florida and Claudio Herrero (Laura) of Fort Myers, Florida; eight grandchildren, William, Gabriela, Sofia, Colin, Fay Nicolas, Alejandra, Morgan and McKenna; his sister Estela in Argentina; and his nieces and nephews in Argentina and Spain.

The family extends its gratitude to FISH of SanCap for all their help providing him meals three times per week.*

Grief Support

Sanibel Community Church is offering a GriefShare program in the Family Life Center on Tuesdays at 5 p.m. The program is open to anyone who has lost a loved one, and there is plenty of room for social distancing. Sessions feature a video, book, discussion and support.

Sanibel Community Church is located at 1740 Periwinkle Way. For more information, contact Maryelle Pavelka at 850-4221 or Robert Adams at 408-569-5440.*



From left, Joe Timko, Tom Annesley, Dr. José H. Leal, Karen Turner and Rebecca Mensch photo by Barbara Timko

Shell Club Awards Multiple Grants To Museum

The Sanibel-Captiva Shell Club awarded the Bailey-Matthews National Shell Museum a total of \$11,750 through three separate grants in late 2019. A \$4,000 grant was given to help fund the Adopt-A-Class program, an interactive mollusk education program which is split between students visiting the shell museum and the Mollusks-On-The-Move van visiting their own classrooms.

An additional \$1,500 was given for the one-year fee for hosting the cloud-based database of shell specimens in the collection catalog. Finally, the shell club board committed \$6,250 per year for four years as a major donation to the shell museum's aquarium construction project.

The shell club awards grants from the proceeds of its annual shell show. Grants are given in the fields of conchology and malacology, as well as the fields of conservation and water quality, primarily in Southwest Florida. New members are welcome. Visit www.sanibelshellclub.com for more information.*

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OBITUARY



CHARLES JOSEPH TRAINOR

Charles Joseph Trainor, 82, died peacefully in his home on Sanibel Island, Florida on September 17, 2020. Charles was born on December 13, 1937 in New Brunswick, New Jersey to Elizabeth deRussy and John James Trainor.

A devout Roman Catholic, he attended St. Peter's Prep in Jersey City, New Jersey, where he was a talented athlete who proudly earned the title of state high hurdle champion. He also served as class president his senior year. Charles graduated from Saint Peter's College in

May, 1961 and always held a place in his heart for the Jesuits. Upon graduation, he was commissioned a second lieutenant in the United States Army Corps of Engineers. He served in active duty from October 1, 1961 until September 30, 1963. He spent his last nine months of service as a company commander in the 86th Engineers.

In October, 1963, Charles began work in the concrete forming equipment industry in the New York metropolitan area. In 1969, he started his own company – Conesco Industries, Limited – based in Little Ferry, New Jersey that specialized in tunnels, bridges and other construction projects. He proudly served as CEO of the company for 33 years, and eventually expanded to offices in Atlanta and Chicago, with a factory in West Virginia. His work took him to steel mills in South America, air bases in Israel, military bases in Saudi Arabia, and water and sewer projects in Egypt. Conesco was a key asset to rebuilding the New York City subway system after 9/11. In June, 2002, Charles sold the company to DOKA, an international company based in Austria.

Charles and his first wife married in 1962 and had four children, whom they raised in Montclair, New Jersey. In 1979, he met and wed Kay Logan Russell, to whom he was happily married for 41 years. They raised their two children in West Orange, New Jersey, where they lived for over 25 years before retiring to homes in Blowing Rock, North Carolina and Sanibel.

Charles was fiercely intelligent,

passionate about politics, an animated storyteller and a loving family man. He loved to travel and visited dozens of countries and six continents. He relished being in charge, whether at home, in the office, or anywhere in between. Family and friends called him "Mr. T," "Chief," "the King of Duke," "Boss," "14-0 Charlie," "a warrior," and "legendary," but to his children and grandchildren, he was just "Pops." Charles loved any reason to celebrate, and to the hundreds whose lives he touched, he will be celebrated – always.

He was preceded in death by his parents, Elizabeth deRussy and John Joseph Trainor; siblings John Jr., Mary Ann Publicover, Suzanne Salvatore (Louis), and Julie Rogel (Edward); and in-laws Ralph and Jean Russell. He is survived by his wife, Kay Russell Trainor; six children, Charles (Omega), John (Elise), Patrick (Mary Jane), Ann (Joel) Krikston, Michael (Kathryn), and Amy (John) Ashby; 16 grandchildren; brother-in-law Robert (Joan) Russell; and three generations of nieces and nephews.

A wake will be held on Sunday, September 27 from 1 to 4 p.m. at the Gosselin Funeral Home in Edison, New Jersey. A funeral service will be held on Monday, September 28 at 10 a.m. at Saint Aedan's: The Saint Peter's University Church in Jersey City, New Jersey, followed by a private grave service. In lieu of flowers, donations may be made to the Hope Healthcare in Fort Myers (www.hopehcs.org/donate/) or Saint Peters Prep in Jersey City, New Jersey (www.spprep.org).✽

to submit a request for green iguana control.

Requests will be forwarded to the City of Sanibel Natural Resources Department which coordinates with the trapper to prioritize iguana removal efforts. The trapper is not on island every day and does not respond immediately to each iguana report. The trapper does follow up at locations where iguanas have been reported. Demand dictates deployment of the trapper.

Sanibel property owners continue to have the option to hire private trappers to remove green iguanas from their property.

In accordance with Florida Fish and Wildlife Conservation Commission (FWC) and state wildlife laws, property owners may hire a nuisance wildlife trapper directly for assistance with trapping and killing iguanas or to address iguana issues beyond the scope of the city's Green Iguana Removal Program on their private property. All nuisance wildlife trappers are required to follow all applicable rules and regulations concerning nuisance wildlife removal. All contractors working on Sanibel are also required to have a Sanibel business tax receipt or registration as applicable.

Suspected sightings of Nile monitor lizards and spiny-tailed iguanas should be reported immediately to the Sanibel Police Department at 472-3111. Nile monitor lizards and spiny-tailed iguanas are omnivorous predators, known to feed on a variety of food sources including bird and turtle eggs and may occupy burrows of other species (such as gopher tortoise). Although neither is currently documented on Sanibel, a reproducing population of Nile monitors or spiny-tailed iguanas could have serious impacts on a number of the island's native wildlife species.

For assistance with exotic lizard identification, please view the following materials:

Visit <https://files.constantcontact.com/97af97e6001/ad7e6c6f-63df-4490-8646-0a39b9971add.pdf> for a City of Sanibel Exotic Lizards Educational Brochure.

Visit <https://files.constantcontact.com/97af97e6001/bea47288-b4bd-495f-95ce-45cbccb6ccd1.pdf> for an Exotic Lizard Identification guide.

If you have any questions, email veronica.runge@mysanibel.com.

In any life-threatening emergency, always dial 911 immediately.✽

City Reinstates Green Iguana Removal Program

The Sanibel City Council has voted to reinstate the Green Iguana Removal Program, previously suspended due to budget cuts associated with the COVID-19 pandemic.

If you are having problems with green iguanas on your property and would like to authorize the city's contractual iguana trapper to access your property for the purpose of locating and lethally removing green iguanas, visit www.mysanibel.com/Departments/Natural-Resources/Wildlife-Information/Exotic-Lizards/Green-Iguana-Removal-Program

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Shell Museum Earns Travelers' Choice Award

The Bailey-Matthews National Shell Museum has been selected for Tripadvisor's coveted Travelers' Choice award, honoring the Sanibel Island institution as one of the top-rated institutions in the world.

Each year, the travel giant combs through hundreds of thousands of reviews and ratings on its global platform to identify the top 10 percent of institutions.

"We're thrilled our museum is again recognized as one of the world's best," said José H. Leal, PhD, interim director and curator of the museum. "Our guests' reviews help us tailor our experience to create optimal enjoyment. It's a team effort, and we're ecstatic to receive this award."

Located in the Shelling Capital of the World, the scientific institution is the only museum in the United States dedicated solely to shells and the animals that create them. In March 2020, the museum unveiled its new aquarium gallery, Beyond Shells: The Mysterious World of Mollusks, which highlights the living animals that create those shells prized by ocean explorers and beachgoers.

Eleven aquariums ranging in size from 100 to 900 gallons were added, and their residents include gastropods, octopuses, nudibranchs, giant clams and nautilus. Two 15-foot-long touch tanks let young visitors get their hands wet as they explore the world of mollusks, furthering the museum's educational efforts that already reach thousands of school children each year.

"While our beaches are world-famous, they're actually the second-best place to find shells on Sanibel," Leal said. "In addition to our live mollusks, our unique collection of shells reflects the finest examples of hundreds of species from around the world."

The Tripadvisor honor comes as the



The giant Pacific octopus is a family favorite photo by Nick Adams Photography

Bailey-Matthews National Shell Museum celebrates its 25th anniversary this fall, having welcomed more than one million visitors to date. The nonprofit museum is an integral part of Sanibel Island, a curving Gulf of Mexico barrier island that is known worldwide for its shells and its efforts to protect marine animals.

The museum also emphasizes the environmental dangers today facing the shell-builders, which are threatened by rising sea temperatures, habitat loss and overharvesting. Although there are more mollusks in the ocean than any other animal, many are endangered, going extinct faster than new species can be named. And as key parts of the ocean's food web, as mollusks decline, so will other marine species, such as whales and dolphins.

The museum is open daily. To promote the health and safety of each visitor, museum staff sanitize the museum three times each day, have plenty of room for social distancing, require masks and have installed protective barriers at the front desk and interactive touch pools.

To learn more about the museum, plan a visit and purchase tickets in advance, visit www.shellmuseum.org.

so we had to change our course of antibiotics to target his issue," said Frankel. "There was also significant swelling around the feather follicles on the right wing, a condition called folliculitis."

Once the infections cleared, it became a waiting game for the eagle to regrow enough healthy feathers that it was able to fly. Over the next several months, he was monitored very closely for feather growth, flight conditioning and overall health.

"The eagle spent a total of 195 days in care. That's 195 days worth of rats, fish and other food items, along with medications, bandages and other medical supplies needed for this eagle to be ready for release," said Alison Charney Hussey, CROW executive director. "We are so thankful for our community who provided for this eagle and all of the other patients admitted to our hospital with their donations and financial support."

To help provide care to wildlife patients admitted to CROW's hospital, make a donation at www.crowclinic.org or on CROW's Facebook page.

From page 1

Bald Eagle

determined without further tests, the eagle was presumed to be male based on its size and weight.

"There was a lot of feather damage, some tattering, some breakage and some feathers missing completely," said Breanna Frankel, CROW rehabilitation manager. "He was missing seven of the 10 primary flight feathers and some of the secondary feathers on his right wing, along with several damaged feathers on the left wing and tail."

A feather transplant, called "imping," using feathers from deceased eagles donated by other rehabilitation centers, was performed in April. The new feathers, along with physical therapy performed by the rehabilitation team, allowed the eagle to maintain strength in the muscles, which are needed for flight, while the other damaged feathers regrew.

"At the imping procedure, we swabbed his feather follicles and found that he had a certain type of infection,

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Low Millage Rate In Place For City Budget

by Wendy McMullen

Sanibel city finances are looking fairly good for the next year despite the coronavirus pandemic and concomitant cuts to city revenues and staff, reported Finance Director Steven Chaipel at the first budget hearing on September 14.

The closing of public beach parking and the dramatic drop in visitors to the island at the height of season affected the 2020 budget. Beach parking in April this year provided \$4,000 in revenue compared with \$300,000 last year.

“Addressing this budget during this difficult time has been a challenge for the city,” said Vice Mayor Mick Denham in his invocation to the meeting. “We want the best welfare of our citizens as well as a vibrant economy, and we can accomplish this by keeping our tax burden as low as possible.”

Various factors have allowed the city to keep the operating millage rate at 1.8922, almost the same level as in 2020, and a decrease of nearly 25 percent from fiscal year 2007. The total millage rate of 2.1818 is also down nearly 25 percent from 2007.

One factor is that property values on the island increased 2.6 percent in 2020, reaching an historic high of \$5.4 billion. Another is the proactive cuts that the city made in April slashing budgets and staff, and canceling or deferring expenses. A third is the stimulus payments made by the federal and county governments, which injected money into the economy so that sales taxes and other sources of revenue were higher than was anticipated at the beginning of the pandemic in April.

Mayor Kevin Ruane, who has worked closely on the budget with Chaipel, said that the effects of these stimuli may wear off in the second or third quarter of 2021, leaving the city with less than anticipated revenues. He also warned that the city’s reserves, which currently stand at close to \$45 million, could be depleted by unanticipated events such as another closure. He expressed

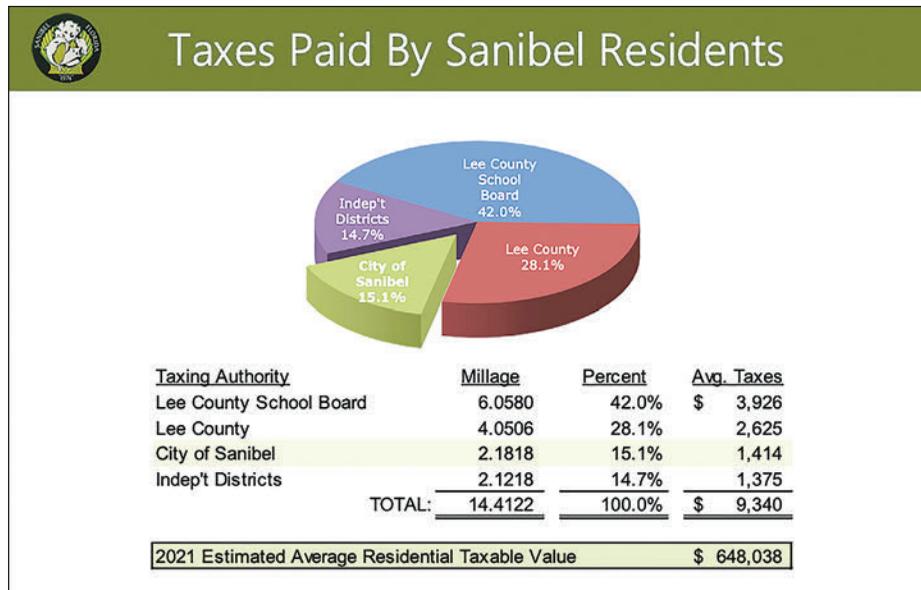


image provided

particular concern about the Sanibel Recreation Center, which operated at a loss last year.

“The biggest challenge we have is the recreation center. Council has supplemented that to the tune of \$1.4 million,” Ruane said. “We have a healthy reserve but that will fluctuate if the burn rate from the stimulus fades in the second or third quarter.”

City taxes account for just 15.1 percent of the taxes paid by Sanibel residents (see chart). Nearly twice as much is paid to Lee County with 28.1 percent. The greatest share (42 percent) goes to Lee County School Board. Ad valorem taxes contribute 23.48 percent of the city’s revenue. Other revenue, which includes a share of sales taxes, permits, causeway revenue and beach parking amounts to nearly 26 percent.

The operating expense for the city is the largest expense, with nearly \$21 million adopted for 2021. Total budgeted funds for 2021 amount to \$44,868,459 with ending fund balance and reserves making up the major share (see chart). A major part of the operating expense for the city is public safety, which accounts for 20 percent of the budget.

The funds for the new senior center on Library Way and the renovations to the police department abutting city hall are already allocated and they will go

ahead as planned.

The second budget hearing will be held on Tuesday, September 29 at 5:01 p.m. in MacKenzie Hall at city hall, located at 800 Dunlop Road.✪

Wastewater Systems, Weirs Hold Up In Deluge

by Wendy McMullen

Sanibel’s weirs and wastewater systems carried the day in a deluge that was categorized as a 100-year event, Director of Community Services Keith Williams informed Sanibel Planning Commission on Tuesday.

The torrents of rain that flooded much of Sanibel the weekend of September 12 dropped more than 24 inches of rain on the island. It was the culmination of a week of rain as Tropical Storm Sally swept up the Gulf of Mexico.

Sanibel’s weirs, designed to deal with flooding on the island, were fully opened on the waterlogged weekend when 12.1 inches of rain fell in one day on already sodden ground. The wastewater treatment system also met the challenge, managing to process six million gallons of water in one day.

Moreover, despite this historic torrent,

Williams said that no insurance claims have been reported to the city. The ground levels of many elevated homes may have been flooded but no insurance claims had been reported on ground level homes or habitable floors. Reportable flooding has to be on a legal finished floor and Williams said the city had received no information on an insurance claim on a finished floor.

“It was a challenge to our infrastructure,” said Williams. “More rain fell in September than in the whole of August and the water table was already high.”

There were also no reports of algae blooms or fish kills despite the influx of fresh water in the canals.

In response to an inquiry from resident Claudia Burns regarding the ability to increase the capacity of the wastewater treatment system, Williams said it could be increased once the \$100 million Donax capital improvement project is completed.✪

Elevated Pool On Bayview Drive Gets Approval

by Wendy McMullen

Sanibel Planning Commission approved an elevated swimming pool higher than seven feet above predevelopment grade for a home on Bayview Drive at its meeting on Tuesday.

The house, which is currently under construction, already had approval for an elevated pool but the owners wanted the pool deck to match the level of the first habitable floor. Any pool elevation over seven feet above predevelopment grade needs special permission from the planning commission. The Sanibel Land Development Code does not allow a pool structure to be higher than the first level of the habitable floor.

City planning staff had recommended approval of the pool contingent upon ascertaining that it will be harmonious with the rhythm and nature of the surrounding area. The property is located in OL Richardson’s subdivision where the lots are large and there are several existing elevated

continued on page 10

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USPS 18: Bulk Rate permit paid for at Sanibel, FL, 33957.
Postmaster: Send change of address to Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.
Published every Friday for the people and visitors of Sanibel and Captiva Islands.
Distribution: 8,000 - 10,000 per week (seasonal).
Mailed free to Sanibel and Captiva residents every Friday. Subscription prices: Third Class U.S. \$60 one year, \$30 six months (Allow 2-3 weeks for delivery). First Class U.S. \$150 one year, six months \$75 (Allow 3-5 days for delivery).
Prices include state sales tax. Send subscription requests to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.
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Plant Smart

Long Key Locustberry

by Gerri Reaves

Long Key locustberry (*Byrsonima lucida*) is a native evergreen shrub or small tree with an irregular, sometimes flat-topped, crown. It is multibranched and twiggy with prominent joints.

It is the only member of the Barbados cherry family native to the state.

Also called Key byrsonima, it is listed as threatened in Florida, a victim of habitat loss.

Threatened status means that its numbers "are in rapid decline... but which have not so decreased in such number as to cause them to be endangered," in the words of the Preservation of Native Flora of Florida Act.

This wildlife-friendly species is the larval host for the Florida duskywing butterfly and a nectar source for other butterflies.

It provides good cover for birds and is often a host for epiphytes, or air plants.

Its natural habitat is limited to the pine rocklands and rockland hammocks of Miami-Dade County and the Keys portion of Monroe County.

It usually reaches a height of five to 15 feet, but can grow as tall as 35 feet in South Florida, sometimes broader than tall.

It has a slow to moderate growth



Long Key locustberry's fine twiggy foliage provides cover for birds

photos by Gerri Reaves

rate. However, its size varies greatly depending on conditions. In nutrient-poor soil, for example, it might be only a foot high and resemble a bonsai plant.

Showy stalked clusters of five to 12 flowers bloom throughout the year but peak in spring and summer. Both male and female flowers appear on the same plant.

Five-petaled flowers range from white to pink and deepen to yellow or red with age. The changing colors ensures the attraction of more pollinating butterflies.

The opposite leathery leaves are also showy, displaying hues of red when



New foliage has ornamental value

young.

One to two inches long, they are obovate or spatulate in shape, glossy above and duller on the undersides.

Often, they cluster at the tips of the shoots and can have either pointed or rounded tips.

Birds consume the round fleshy fruit of about a half-inch across.

Orangish or brownish when ripe, it persists on the plant, an advantage for birds.

The fruit is said to be edible for people, too, and tastes like cranberries or soap, depending on the taster. It

can be used to make juice, wine, or ice cream.

The smooth pale brown bark has a variety of medicinal uses, from a cough remedy to a diuretic and emetic.

Give this long-lived plant a spot with full sun to partial shade in sandy well-drained soil. It is somewhat salt tolerant and very drought tolerant, but will not tolerate cold.

Use it as a buffer or accent plant. Propagate it with the seeds.

Sources: *Florida Plants for Wildlife* by Craig N. Huegel, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *National Audubon Society Field Guide to Florida* by Peter Alden et al., *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *The Shrubs and Woody Vines of Florida* by Gil Nelson, *Trees of Everglades National Park and the Florida Keys* by George B. Stevenson, *Wild Plants for Survival in South Florida* by Julia F. Morton, www.eattheweeds.com, www.edis.ifas.ufl.edu, www.efloras.org, www.fnps.org, and www.regionalconservation.org.

*Plant Smart explores the diverse flora of South Florida.**

From page 8

Elevated Pool

swimming pools.

The parcel on which the swimming pool is to be located is partially in the Gulf Beach Ecological Zone so special landscaping requirements were imposed to screen all exposed sides of the pool and to plant native trees to provide a vegetative screen around the structure. Silver buttonwood will be planted to soften the appearance of the structure and the vegetation on the lot will be 75 percent native as recommended by the city.

The amended pool height does not alter the footprint of the developed area or exceed the overall height regulations. Since the lots are large and there is a canal between the property and the neighboring property, it will not affect neighboring properties and is consistent with Sanibel's regulations regarding the property fitted in with the character of the neighborhood, and not infringing upon adjoining properties in terms of air circulation, light and sunlight.

There was no public comment or objections from the owners of neighboring properties.*

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BIG ARTS Workshops And Seminars

BIG ARTS is offering the following workshops and seminars in October:

Glass Fusing with Petra Kaiser – Wednesdays, October 7 through 21 from 9:30 a.m. to 12:30 p.m. Members \$74; nonmembers \$93.

BIG ARTS Community Chorus Rehearsals with Ellen Whitten – Tuesdays, October 13 through December 8 from 6 to 8 p.m. Members \$82; nonmembers \$101.

Glass Fusing with Petra Kaiser – Wednesdays, October 28 through November 18 from 9:30 a.m. to 12:30 p.m. Members, \$74; nonmembers, \$93.

Beginner Pastel with Donna Filomio – Thursday, October 29 from 9 a.m. to noon. Members \$85; nonmembers \$106.

The BIG ARTS box office is open from 9 a.m. to 3 p.m.

The health and safety of instructors, students, staff and patrons is a priority at BIG ARTS. Staff is following CDC recommendations and asks for your cooperation in best practices safety standards. All students and instructors must wear a mask and social distance. Class seating will be carefully spaced. Signage and procedures are posted in the BIG ARTS facility. All rooms are sanitized between classes and class sizes will be limited. To monitor any changes in policy, visit www.bigarts.org or call 395-0900.

Call 395-0900 or stop by the BIG ARTS Center at 900 Dunlop Road to enroll. Preregistration is recommended. For complete course descriptions and the full season's workshops and class schedules, visit www.bigarts.org/workshops, or email info@bigarts.org.

FWC To Hold Virtual Meeting For Public Input

The Florida Fish and Wildlife Conservation Commission (FWC) will meet virtually on Wednesday and Thursday, October 7 and 8 beginning at 9 a.m. each day. Public comments will be accepted during the meeting. The Florida Channel will be broadcasting live video coverage at www.thefloridachannel.org.

The FWC is committed to providing opportunity for public input. To accommodate as much input as possible from those participating in the meeting, the chairman reserves the right to designate the amount of time given to a topic or speaker, including time donation to other speakers. Because this meeting is being held by video conference and a telephone conference line, the FWC is limiting public comment to a specific length of time for each agenda item. See agenda for the time limits for each item. Public

comment will be taken by telephone conference line on a first call/first serve basis.

The FWC is also offering the opportunity for stakeholders to provide their comments on agenda items in advance. Advance comments should be submitted no later than Friday, October 2. Those written comments can be submitted via a web form on the FWC meeting agenda website page. If you would like to provide your written comments by mail, send them to:

FWC Commissioners 620 South Meridian Street, Tallahassee, FL 32399.

For the full October 7 and 8 agenda, links to background reports, and ways to participate, visit www.myfwc.com/about and click on "The Commission"

and "Commission Meetings."

Updates will be provided at [@MyFWC](https://twitter.com/MyFWC). Sign up for news releases at www.myfwc.com.

Veterans Day Essay Contest For Island Youth

Sanibel students are invited to participate in the annual Veterans Day Essay Contest. Every year, the City of Sanibel and the Lee Coast Chapter of the Military Officers Association of America present the program honoring community veterans

of U.S. military service. An important component of the program is the reading of the winning youth essays.

The essay contest is open to Sanibel youth in grades fourth through sixth. Two winners are selected, one girl and one boy. Students wishing to participate are asked to submit a short (one half to one page), handwritten (by themselves) paper about one of these three topics: The Importance of Veterans Day; Why We Celebrate Veterans Day; or A Member of My Family Who is a Veteran.

Submissions need to be scanned and emailed to sanibelveterans2020@mysanibel.com. Entries must be received by midnight, Wednesday, September 30.

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FISH FACTS

Even before COVID-19, the need for FISH emergency programs has grown significantly over the past year. Thank you for helping to meet these very important needs in all circumstances.

FOOD PANTRY

January - August

2019	2020
152,893 lbs	156,804 lbs
equating to	
127,410 meals	130,067 meals

BACKPACKS DISTRIBUTED

January - August

2019	2020
634	1242

MEALS-BY-FISH DELIVERY

January - August

2019	2020
2147	4575

EMERGENCY FINANCIAL ASSISTANCE

January - August

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September Grand Slams



by Capt. Matt Mitchell

As expected, September fishing has been nothing short of spectacular. No matter what the species, it's all here. There is very little angler pressure.

Weather conditions, as always, are the major factor on what will be the day's main target. Once in a while though, you get that magical day that everything comes together for that "grand slam."

During the light wind days, tarpon have been my main target, and first light until mid-morning is prime time. Both the sound and the beaches have held these fish. Sight-fishing has been the main method of catching them. The tarpon in the sound have just seemed to feed better though the greater numbers have been out on the beaches. These beach tarpon have been so dialed in on glass minnows and small hatch bait at times that they simply won't eat anything else. The fish in the sound seem to jump on any well presented offering.

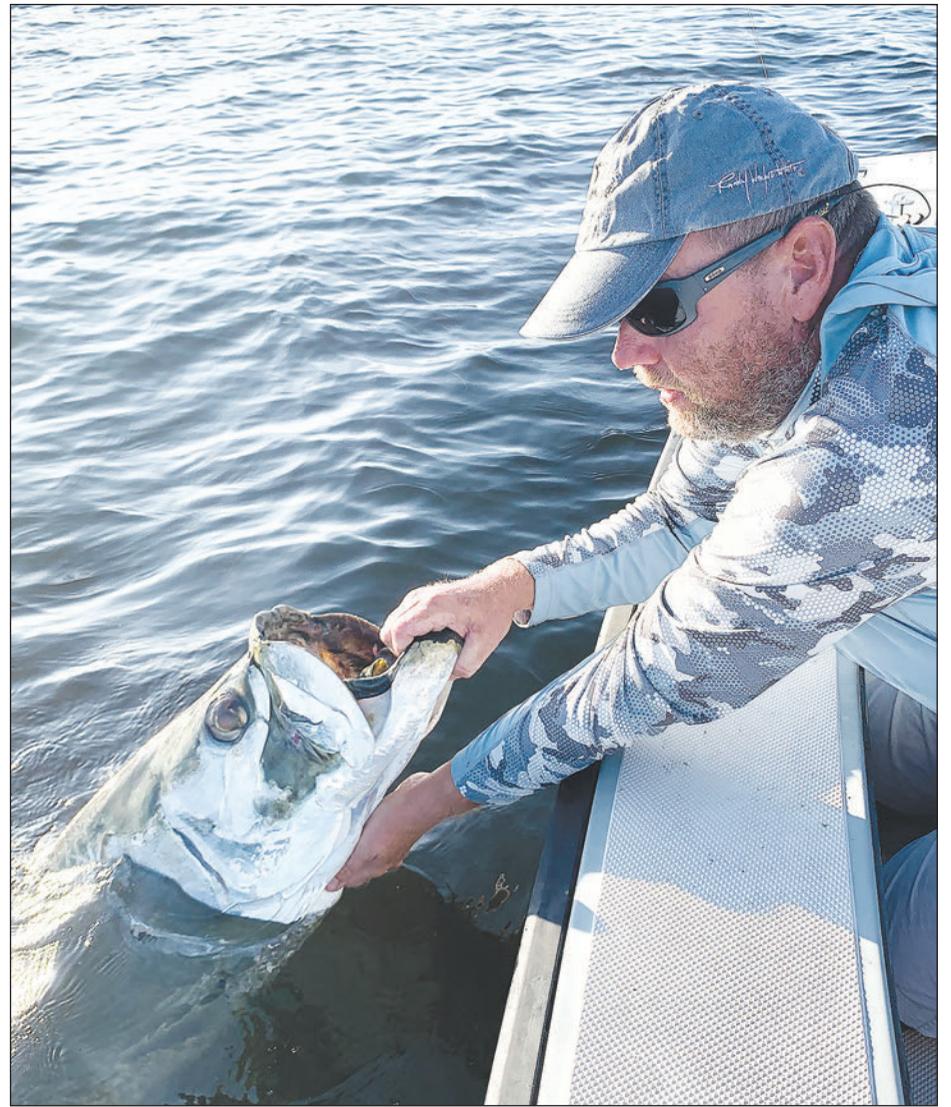
On a day off this week, I was lucky enough to catch a tarpon myself which was the first one I have done battle with in quiet some time. After stalking these slow-rolling, laid-up fish in the sound, I finally got a shot at them. After landing a live pinfish within 10 feet of this

laid-up tarpon, it did not take but a few seconds to be hooked up. This estimated 120-pound fish made two huge jumps, as it quickly peeled off almost 200 yards of line. I chased this fish on the trolling motor, and it made one more jump before deciding to stay down and slug it out. After 30 minutes, the tarpon came to the boat, and we removed the hook and got a few great photos.

Over the weekend while fishing with longtime client Jim Robertson during an approaching front, my fingers were crossed that the bite was going to go off. We started out catching trout and snapper on the flat as we let the tide get lower. After trying a few mangrove spots with little success, I headed to a favorite deep mangrove channel. The strong northeast wind was now blowing and pushing the tide out quickly. For that last hour during the fast-falling tide, the bite went off with almost every cast getting a hit. Small tarpon, big snook, redfish and jacks kept the rods bent. Although Jim lost his tarpon, Lucia caught hers to give us a grand slam for the boat. This unpredicted minus low tide was wind-generated and had lots of fish bunched up in this tiny narrow deep channel.

The ups and downs of our week's weather have made fishing both easy and challenging from day to day. Letting the day's conditions dictate what species your going to target has been key to staying on fish.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.



Capt. Matt Mitchell with a tarpon caught on a day off this week

photo provided

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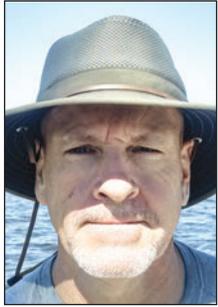
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CROW Case Of The Week:

Magnificent Frigatebird



by Bob Petcher

The magnificent frigatebird (*Fregata magnificens*) is a large seabird known for soaring effortlessly over oceans with outstretched wings. Its forked tail helps it steer over long

flights out to sea where these birds live when not breeding. It is so-named due to its majestic flight, noted as magnificent by onlookers.

At CROW, a juvenile magnificent frigatebird was admitted after being transferred from Pelican Harbor Seabird Station. The bird was originally admitted after not being able to fly, but was transferred to CROW because it was suspected to have aspergillosis – a fungal infection in the lungs – and needed to receive an endoscope procedure.

“A common cause of respiratory disease in birds is fungal in nature, resulting in large plaques or granulomas in the lungs and air sacs. Based on the abnormal appearance of lungs on x-rays, this was a potential concern,” said Dr. Robin Bast, CROW’s staff veterinarian. “Coelioscopy – endoscopic evaluation of a bird’s body cavity – showed abnormally pale, mottled appearance to the lungs,



Patient #20-4301 rests after receiving an endoscope procedure photo by Amy Kowalski

however, the air sacs were not thickened and no plaques were found.

Upon intake, it was also noted that some of the patient’s tail feathers were broken off or tattered. A tail guard was utilized.

“The tail feathers were likely damaged by the bird spending too much time on the ground due to its debilitation. Typically these birds spend the majority of their time in the air or on the water,” said Dr. Bast. “A tail guard is a protective covering used to prevent feathers from being bent or broken while the patient is on the ground or in an enclosure. We get creative making these – you can use old x-ray film and tape, or we prefer to use

a type of light brown packing tape which sticks to itself with the application of water and is easily removed. This material is lightweight enough that it does not affect the bird’s ability to balance.”

Based on the results of the scoping and bloodwork, it was determined that the patient did not have aspergillosis, but may be battling with pneumonia instead. The bird was started on a course of antibiotics for treatment.

“Since there was no evidence of fungal disease seen, we determined the changes in the lungs were caused by bacterial pneumonia. This is treated with a course of antibiotics,” said Dr. Bast. “Since pelagic species – birds that normally live

far out at sea and only come to land for breeding purposes – are more susceptible to aspergillosis, especially when they are already immunocompromised from another illness, we also put this patient on a preventive dose of anti-fungal medications.”

The frigatebird was anesthetized last Thursday to evaluate its lungs and “imp” some of the patient’s tail feathers.

“We had to remove some of the damaged feathers to allow new ones to grow back in naturally. One feather was removed completely due to severe damage, and three feathers were impeded. This means that a temporary feather of similar size/shape was transplanted into the feather follicle. This will allow the bird to continue to fly and build strength while waiting for the rest of its feathers to grow in naturally through the molt process,” said Dr. Bast. “Since we did not have any frigatebird feathers in our feather bank, we used a combination of eagle and red-tailed hawk feathers in this case.”

The patient will now spend time at CROW with other large tropical seabirds.

“This patient will be in care until it grows its feathers back in, which could take weeks to months,” said Dr. Bast. “It is currently in an outdoor flight enclosure with our masked booby patients.”

CROW (*Clinic for the Rehabilitation of Wildlife, Inc.*) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.✪

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Shell Of The Week

White Mangelia



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Interim Director and Curator

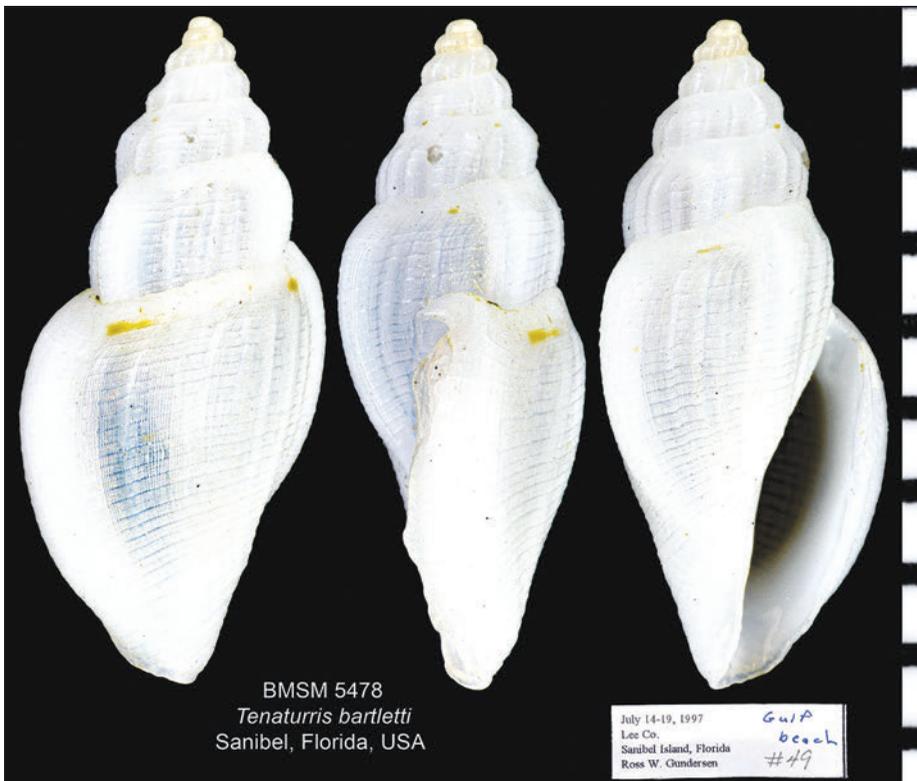
Another member of the very diverse gastropod family Mangeliidae, *Tenaturris bartletti*

(Dall, 1889) has a body whorl comprising about half of the shell length in adult individuals, and a proportionately larger last whorl in juveniles. The sculpture consists of about 15 axial ribs crossed by fine spiral threads, and the entire shell surface has a "frosty" appearance. Read more about mollusks and their shells at www.shellmuseum.org/shell-guide and www.shellmuseum.org/blog.

The Bailey-Matthews National Shell is open from 10 a.m. to 5 p.m. daily. Holiday hours are noon to 4 p.m. Safety measures have been put in place, and staff and visitors are required to wear face masks.

Your gift helps ensure that our staff and animals remain healthy. To make a secure donation, visit www.shellmuseum.org.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. For more information, call 395-2233.*



The White Mangelia, *Tenaturris bartletti*, from Sanibel

photo by James F. Kelly

From page 1

Protection Kits

no-contact "drive and drop" car line where community members drive in, open their window or trunk and volunteers drop supplies into the vehicle. If anyone is interested in assisting on

distribution day, including youth seeking community service hours, contact Maria Espinoza at FISH, 472-4775.

For more information on FISH programs and services, contact Alicia Tighe Orgera, executive director, at 472-4775 or visit www.fishofsancap.org.

The Community House is located at 2173 Periwinkle Way on Sanibel.*

Fish Caught



Grant Tucker with redfish photos provided

Grant Tucker of Columbus, Indiana caught several nice redfish and snook while fishing with Capt. Jimmy Burnsed. The pair fished in Pine Island Sound following Tropical Storm Sally's drenching. Live pinfish and grunts were the baits of choice.*

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Jean Le Boeuf, News-Press

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Homeschool at Sea is a great way for small groups to supplement their existing curriculum with marine science education photo provided

Homeschool At Sea Program

submitted by Nicole Finnicum

With many families opting for virtual or homeschool this fall, Sanibel Sea School is offering supplemental homeschool education through its Homeschool at Sea experience.

Homeschool at Sea is an experiential, hands-on program where families can design a customized science curriculum with the help of the marine science education team. Similar to the school's

regular day classes, homeschool sessions include field trips to the gulf beaches, mangrove forests or to the inland preserves on Sanibel.

The curriculum uses marine biology as a platform to dive into subjects, such as symbiotic relationships, lunar cycles and taxonomy. Topics of study may also focus on a specific sea creature or part of the marine ecosystem. Families work closely with the team to design a curriculum that meets the students at their existing level of knowledge and compliments what they are learning in school or homeschool.

"We love working with homeschool groups because we can get really creative with the lessons," said Sanibel Sea School

Education Programs Manager Shannon Stainken. "Since we meet with the groups multiple times throughout the year, we can dive a little deeper into the topics."

Sanibel Sea School already has eight different homeschool groups starting in September and is excited to welcome returning families back and meet the new groups. Currently, Sanibel Sea School

hosts groups from Sanibel, Fort Myers and Cape Coral.

For more information, email info@sanibelseaschool.org. Scholarships are available.

Part of the Sanibel-Captiva Conservation Foundation (SCCF) family, Sanibel Sea School's mission is to improve the ocean's future, one person at a time.*

Virtual Tour Part Of Wine Tasting

Bailey's is kicking off its fall virtual wine tastings with a winery tour of Talbott Vineyards with national brand ambassador Ben McClure. On Thursday, October 1 at 5 p.m. via Zoom, virtual tour guests will learn how Talbott's exceptional wines are crafted from grape to bottle. As in the past, Bailey's will offer tasting packages.

This "California grand cru" winery boasts outstanding Chardonnay and Pinot noir year after year from its Monterey County vineyards including the famed Sleepy Hollow Vineyard that produces a selection of exceptional wines. Since these wines are made in the Burgundian style, they are best enjoyed with food and friends. Chef Karl Hamme of Sanibel Catering Company will prepare food pairings to perfectly accompany the featured wines: Talbott Vineyard's Kali Hart and Sleepy Hollow Chardonnays and Pinot noirs.

Chef Hamme's preparations start with a noshing platter that includes charcuterie (capocola, genoa salami, prosciutto), fine



Pairings for two by Chef Karl Hamme featured in August photo provided

cheeses (Cowgirl Creamery Mt. Tam, Beemster Aged Gouda and Imported Gruyere and Lamb Chopper), black truffle oil, charred orange-glazed Asian pear with cornichons, deluxe mixed nuts, assorted dried fruits, black mission figs, fresh fruits, dark chocolate and crackers. The featured pairing for the Chardonnays will be cold smoked salmon mousse with arugula and maple mustard sauce. Since the weather

continued on page 16



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Jack Brzoza and Cheri Hollis checking for viable eggs photo by Tom James/Pelican Media

Tropical Storm Washes Away Sea Turtle Nests

Ten nests on Sanibel and seven on Captiva washed away as Tropical Storm Sally made its way across the gulf. Sanibel-Captiva Conservation Foundation (SCCF) Biologist Jack Brzoza used a GPS device to locate nests where the stakes were completely washed away to determine if the eggs were still

incubating under the sand.

“With our record-breaking number of nests this year, these 17 nests lost only make up a small percentage of the total nests and will not significantly impact our overall productivity,” said Brzoza. “We are thrilled that 32,862 hatchlings have already reached the sea from 569 hatched nests this season.”

The nest loss from Tropical Storm Sally is less than the loss of 29 nests in early June from Tropical Storm Cristobal. Sea turtles have a nesting strategy that accommodates for such natural events.*

New Intern At The Refuge

Intern Caitlyn Nalley of Louisville, Kentucky recently arrived to help JN “Ding” Darling National Wildlife Refuge with staff shortages in the coming season, thanks to funding from the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS).



Caitlyn Nalley

Nalley graduated from the University of Michigan in Ann Arbor in May with a double major in environmental studies and international studies. She now serves as a development and communications intern for DDWS.

“I love getting to live near the sea and being able to go to the beach whenever I want,” said Nalley. “I’m looking forward to learning the ins-and-outs of a nonprofit, gaining experience across new fields and meeting people passionate about environmental stewardship.”

During her initial quarantine period, Nalley first hunkered down during Tropical Storm Sally and accompanying tornado warnings, but has since been getting out on bike rides to learn the island and acclimate to the heat and humidity, she said.

DDWS provides living stipends and other benefits for more than a dozen

interns each year. The refuge supports interns with free housing.

“Our interns bring youthful energy, enthusiasm, and creativity to the refuge team,” said DDWS Executive Director Birgie Miller. “At the same time, the program gives college students and recent graduates an opportunity to learn hands-on about the environment and refuge and nonprofit operations.”

For more information about refuge internship programs, contact Supervisory Refuge Ranger Toni Westland at 472-1100 ext. 237. To make a donation in support of the program, contact Lynnae Messina at 472-1100 ext. 233.*

From page 15

Wine Tasting

is still hot, Chef Hamme will pair the Pinot noirs with an Ajo Blanco, or white gazpacho. This unique pairing originated in Spain and is sure to impress as McClure regales guests with tales of the Sleepy Hollow Vineyard, just in time for the Halloween season. Any previous guest of virtual tastings will boast that Chef Hamme’s pairings are one of their favorite parts of the virtual tasting series.

As always, joining the Zoom tour is complimentary for all guests who wish to expand their wine education. Email Calli Johnson at cjohnson@baileys-sanibel.com for access tour. Guests who would like to purchase tasting packages should visit Bailey’s online shopping at www.shop.baileys-sanibel.com and use code “ThirstyThursday” at checkout for complimentary pickup the morning of the tour.*



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Reading Program Provides Books For Young Patients

Sanibel Public Library is open for normal hours, and contactless curbside service continues. Call or go online to place a hold; you will be notified when your items are ready.

During the summer, children read for others as part of the summer reading program. Children received books based on the hours they read and from completing challenges. They earned books for their own collections and for young patients at Golisano Children's Hospital of Southwest Florida.

"Children earn books for their peers, who may not be able to participate in summer reading programs due to illness. The library foundation is proud of our readers for carrying on the tradition of generosity that is such a part of our island," said Ken Nirenberg, president of Sanibel Public Library Foundation.

In 2020, readers earned 605 books for themselves and 1,400 for the hospital, based on one book per hour read. Rachel McCabe and Shane Swartz, educators at Golisano Children's Hospital of Southwest Florida, use the donated books to supplement lessons for young patients at the hospital. Since its inception in 2012, readers have helped contribute more than 11,000 books to the hospital. New books are



Rachel McCabe and Deanna Evans (back), and Shane Swartz and Margaret Mohundro (front) with donated books photo provided

needed every year because books are given to patients and can't be shared because of the possibility of spreading illness.

The library foundation, along with the Joan Hunt Cory Children's Fund, underwrites the annual summer reading program.

The library foundation provides, supports and supplements services on Sanibel and assists in the promotion of reading and literacy. Since 2006, the foundation has provided close to \$1 million to fund the author series, youth summer reading program, a TeenSpace

Room, technology initiatives including cutting-edge computer hardware and software, early literacy computers, small business development eBooks, genealogy research stations, children's eBooks and mobile app.

Brainfuse is the latest pilot project funded in part by the foundation, which provides cardholders access to live, online tutoring, whether attending school in person or working from home. The service is available from 2 to 11 p.m. every day for students of all ages.

Brainfuse also offers PSAT/SAT,

ACT, AP and state standardized test preparation.

Patrons can submit essays and other forms of writing to Brainfuse's Writing Lab for constructive feedback. There is also a foreign language lab and Spanish-speaking support. You can use it on a computer or download the Brainfuse app in the Google Play Store (Android) or the App Store (iOS). The library provides Brainfuse to patrons at no additional cost, all you need is your library card.

Remote learners can borrow mobile WiFi hotspots with their Sanibel Public Library card. Hotspots allow users to connect enabled devices to the Internet.

The library's public access computers, copiers, scanners and printers are available, as the library is open for normal hours. Precautions are in place to help protect staff and patrons from COVID-19. Patrons have to maintain social distance inside the building and wear masks, (except for children under age 6). Library staff is implementing safety and sanitizing procedures consistent with the CDC and Florida Department of Health guidelines.

The library is open Monday and Thursday from 9 a.m. to 8 p.m., Tuesday, Wednesday and Friday from 9 a.m. to 5 p.m., and Saturday from 9 a.m. to 5 p.m. Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor library cards are available for a \$10 annual fee.

For more information, call 472-2483 or visit www.sanlib.org.

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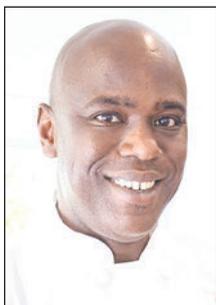
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The Community House

The Cucumber



by Resident Chef Jarred Harris

The cucumber plant is a member of the gourd family and related to cantaloupe and watermelon. There are three different classifications for cucumber – slicing, pickling and seedless – with 40 different varieties for each classification. The common names are pepino, English, gherkin and kukamba.

The cucumber is native to India and has been cultivated in Asia for over 3,000 years. Cucumbers were used for culinary purposes and as medicinal remedies. They were used to treat infertility, bad eyesight, scorpion bites and as beauty treatments. The ancient Greeks and Romans were fond of cucumbers and introduced them to Europe around the 8th and 9th centuries. The Roman Emperor Tiberius ate cucumbers every day of the year. During summer, gardens were tended just for the king's cucumbers and in the winter, cucumbers were grown on moveable bed frames that were exposed to the sun or

illuminated with mirror-stones in primitive greenhouses.

Columbus brought cucumbers to Haiti in the late 1400s and the Spanish explorer Desoto introduced them to Florida North America around the mid-16th century.

Cucumbers contain vitamins B1, B2, B3, B5, B6 and C, folic acid, calcium, iron, magnesium, phosphorus, potassium and zinc.

Here is a simple recipe to try:

Cucumber and Cantaloupe Salad

Dressing

- 1/2 cup olive oil
- 1/4 cup white wine vinegar
- 1 tsp. coriander
- 1 tsp. salt
- 1/4 tsp. black pepper
- 1/8 tsp. cardamom

Ingredients

- 1/2 cantaloupe (cut into 1-inch pieces)
- 1 English cucumber (sliced 1/2 inch thick)

- 1/2 jalapeno pepper (seeded, sliced thin)
- 1/2 cup roasted pumpkin seeds (pepitas)
- 1/4 cup cilantro (chopped)
- 1/4 cup mint (chopped)

Method

Whisk oil, vinegar, coriander, salt, pepper and cardamom in a large bowl. Add cantaloupe, cucumber and jalapeno pepper. Let sit for 15 minutes. To serve, add pumpkin seeds, cilantro and mint to salad and toss gently to combine.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. Contact him at kitchen@sanibelcommunityhouse.net or call 472-2155. ✨

New Committee Chairman For Coastal Watch

Coastal Watch appointed Harry W. (Pete) Squibb to the organization's advisory committee recently, where he will act as chairman.

Squibb has a bachelor of science degree in forestry and wildlife management from Michigan Technological University. He worked with the USDA Soil Conservation Service (now Natural Resources Conservation Service) providing technical expertise for various projects along Lake Michigan's shoreline. He then worked as a wildlife biologist with the Michigan Department of Natural Resources for 32 years, where he spent a career promoting and overseeing upland and wetland habitat development in Michigan. He retired as assistant chief of the wildlife division.

After retiring from state government, Squibb formed a successful wildlife consulting business and provided expertise for management of habitat and wildlife populations to state agencies and large private landowners throughout the Great Lakes region.

Since his retirement in 2015, Squibb helped form the fledgling group Captains for Clean Water, filling the need for a grassroots organization advocating for clean water in Southwest Florida. Two years ago, he was elected as president of the Sanibel Fly Fishers Club. With the assistance of volunteers, the club is now



Harry W. (Pete) Squibb photo provided

one of the premier fly fishing clubs in the area and advocates for sound scientific management of water resources in the Lee County area.

Squibb and his wife, Kris, have owned a condominium in Fort Myers since 2012. For the past eight years, he has averaged 300 days on the water fly fishing in and around Sanibel. Fishing has provided Squibb with the opportunity to observe and learn about the habitats of barrier islands and how human development has impacted these natural systems.

For more information, visit www.sancapcoastalwatch.org or contact coastalwatch@sanibelseaschool.org. ✨

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Rotary Happenings

submitted by Cindy Carter

Just over a year ago, Hurricane Dorian tore through The Bahamas as a Category 5, the most destructive hurricane to ever hit the area. It was also one of the most powerful hurricanes recorded in the Atlantic basin, with winds peaking at 185 mph. Damage in The Bahamas was catastrophic due to the storm stalling over the islands for 24 hours, releasing a fury of high winds and heavy rainfall. The storm surge was a terrifying 23 feet. Over 4,500 homes were destroyed and at least 74 direct deaths were recorded. The true death toll is unknown since there were still 245 people missing as of April 2020.



Barry Rassin photo provided

share all the recovery efforts that have started in The Bahamas through Rotary and other humanitarian groups, and reminded us that there is still a long way to go. Immediately after the hurricane, Rotarians had a flotilla of boats to transport families from one island to another to meet up with their families. They helped with the registration efforts with evacuation shelters, and all the local Rotary Clubs adopted a shelter to make sure they were managed properly and had the needed supplies.

With all this devastation, the Rotary wheel started to turn, not needing to wait for a call for help. The Grand Bahamas is in our District 6990, which includes Florida as well as Barry Rassin, the past president of Rotary International 2018-19. The theme for his Rotary presidency was Be The Inspiration, something he has certainly lived up to. Rassin lives in The Bahamas and updated us on the recovery on the islands.

Rassin was proud to be able to

A previous project that was funded

by Rotary International was an emergency water system, a system that was created to be proactive rather than reactive, after previous hurricanes had cut off the supply of clean water. With the 23-foot storm surge, all the wells were turned to brackish water, so the Rotary emergency water system was the only clean water available. It was open 24 hours a day, manned by Rotaract members. Another global grant by Rotary was the purchase of two portable laundry units, giving people the ability to wash clothes and shower, lifting their spirits just a little bit.

The support for The Bahamas from Rotarians has been phenomenal, even with the long road ahead. Many organizations go to help when there is a need, however, when Rotary comes, we stay until the end. For more information, visit <https://vimeo.com/453505182> and to make a donation, visit <http://rotarydoriancharity.com/mpk>.

*The Sanibel-Captiva Rotary will continue to meet by Zoom meetings until further notice on Friday mornings at 7:30 a.m. You may arrive as early as 7 a.m. to chat with other members. To be included, call Rotary at 472-7257.**

Community House Events

Line Dancing with Maria Di Rosa will be offered on Tuesday, September 29 from 1 to 2 p.m. Cost is \$5 suggested donation.

Ken Burgener and Linda Warschauer will share adventures from their South African safari on Tuesday, September 29 at 7 p.m. The slide presentation will include Cape Town and its wineries, the famous Kruger National Park and close encounters with local wildlife. Cost is \$5 suggested donation.

Kids First Mondays with Chef Jarred return on Monday, October 5 from 2:30 to 4:30 p.m. Plant Based Goodness is the theme, with a menu of sundried tomato pesto and polenta lasagna, and vegan brownies. Cost is \$30 per class.

Life Line Screenings will be offered on Thursday, October 29 at beginning at 9 a.m. Reservations are required by calling 888-653-6450.

Every Thursday at 1 p.m., Tommy Williams leads Living Life Current, an open forum discussion. All are welcome to discuss what is going on locally, nationally and globally. Suggested donation is \$5. Masks and social distancing required.

Aerobics with Mahnaz Bassiri is offered continued on page 32

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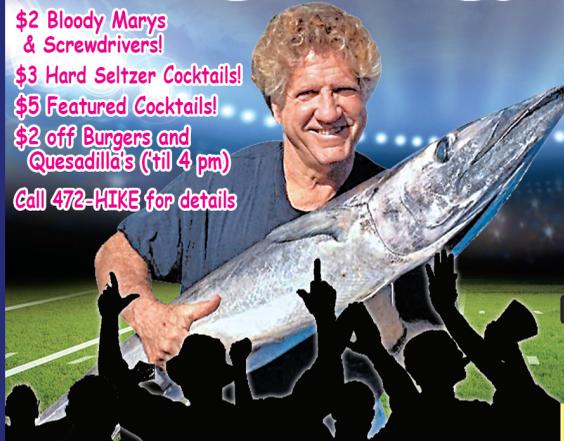
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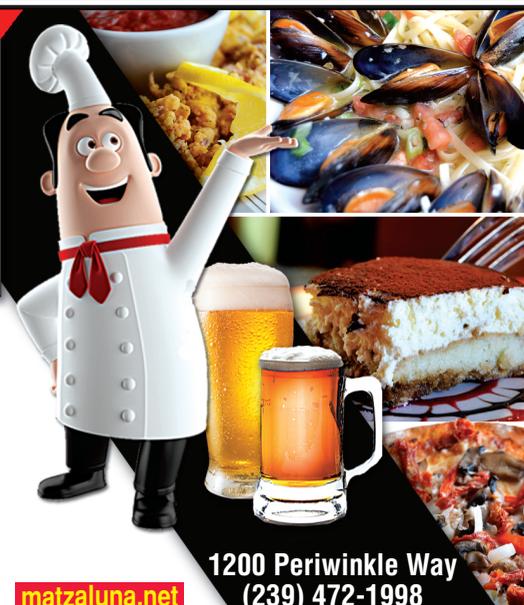
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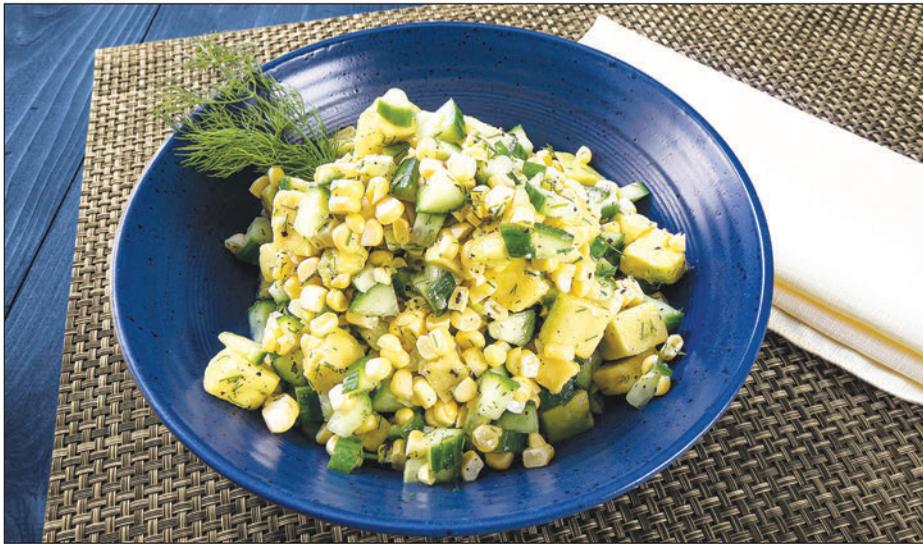
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Avocado, Corn and Cucumber Salad

photo courtesy Fresh From Florida

Avocado, Corn and Cucumber Salad

- 1 lime, juiced
- Sea salt and fresh ground pepper, to taste
- Combine all ingredients and thoroughly mix. Cover and refrigerate for 30 minutes before serving.*

- 1 avocado, diced small
- 2 ears sweet corn, cut off cob
- 1 large cucumber, diced small
- 2 tablespoons fresh dill, chopped fine

PUZZLES

Answer on page 39

		5	4			9		6
3				2			5	
	7	1			3			2
		8			7			3
	5			1			6	
4			5			2		
7				3			8	
		6			5	3		
	8		9					1

To Play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

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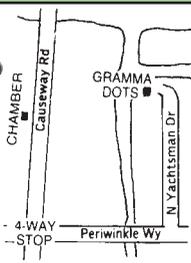
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Zonta Global Program Targets Child Marriage

submitted by Sue Denham

Along with hands-on service to area nonprofits and significant fundraising, the women of Zonta San-Cap actively advocate on issues that affect the health, safety and economic independence of women and girls. One of those is a global program to end child marriage, launched in 2016 as a partnership among Zonta International, UNICEF USA and UNFPA.

According to Zonta International (www.zonta.org), almost 650 million women alive today – equal to one in five girls – were married before turning 18, typically to a much older man. Research shows that early marriage doubles a woman’s chance of living in poverty, and girls ages 15 to 19 are twice as likely to die in childbirth; also, girls without education are three times as likely to marry early as those with at least a secondary education.

The Zonta program, which has reached 7.7 million girls with information and services, entered Phase II earlier this year, aiming to reach 14 million girls in 12 countries in Africa, the Middle East and South Asia.

In the United States, there are no federal laws regulating child marriage



Partly funded by Zonta, the yearlong billboard campaign promotes the movement to stop child marriage photo provided

and only four states – Delaware, New Jersey, Pennsylvania and Minnesota – have outlawed it. Between 2000 and 2010, nearly 250,000 girls as young as 12 were married in the U.S. They usually have little choice in the matter.

Zontian Kate Sergeant, who chairs the club’s advocacy activities, said: “American children under age 18 cannot vote, cannot file a lawsuit, petition for an annulment or divorce, or be admitted unaccompanied to a domestic violence shelter. Child wives

are 50 percent more likely to drop out of high school and more likely to be abused by their husbands. They cannot buy alcohol, fireworks or cigarettes. They should not be allowed to get married.”

In 2018, the Florida Senate, responding to intense media attention, unanimously passed a bill amending its marriage laws. However, the House Judiciary Committee modified it to allow exceptions for pregnancy, or with approval from the child’s parents and

a judge. Sergeant said, “We must urge our lawmakers to pass a law setting the minimum marriage age to 18, without exception.”

Zonta clubs around the world will be holding events to create awareness of the issue. There are two ways you can join the effort: in April 2020, the Zonta USA Caucus partnered with UNICEF USA to launch a yearlong billboard campaign called stopchildmarriages.org. This site presents facts and instructions on how to contact state legislators, including Florida, to support a ban on child marriage with no exceptions. Legislators can also be contacted through the website www.act.unicefusa.org.

Golf Tournament To Benefit Kiwanis Scholarship Fund

The Dunes Golf and Tennis Club will host the 3rd annual Crush It Fore The Kids golf tournament on Saturday, October 24. All proceeds will benefit the Sanibel-Captiva Kiwanis Foundation Scholarship Fund.

Cost for the two-person scramble format is \$100 per player and includes golf, cart and lunch. Shotgun start is 9 a.m. To sign up, call Pfeifer Realty Group 472-0004.

If you would like to be a tournament sponsor or hole sponsor, email crush1@gumbotree.com for details.



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Book Review

Every Kind Of Wicked



by Di Saggau

Lisa Black is a local author and *New York Times* bestselling author of the Gardiner and Renner novels. In her latest novel *Every Kind of Wicked*, Maggie Gardiner and Jack

Renner are together again in a page-turning thriller. The first page begins with snow landing in a cemetery on a very stiff body above ground, his heart shredded by a single wound. A key card in his wallet leads to the local university's student housing and to a grieving girlfriend with an unsettling agenda. Several more murders occur, and all are similar in cause of death and it's not a coincidence. Eventually, we find out how they are all connected.

Eight months prior to the first murder, Gardiner learned what Renner would do in the name of justice and how far she would go to cover his tracks. Her struggle to appease her conscience is complicated by her ex-husband Rick, who is convinced that Renner is connected to a series of vigilante killings. Gardiner keeps what she knows to herself. She also let's everyone think that the two are a couple, but they

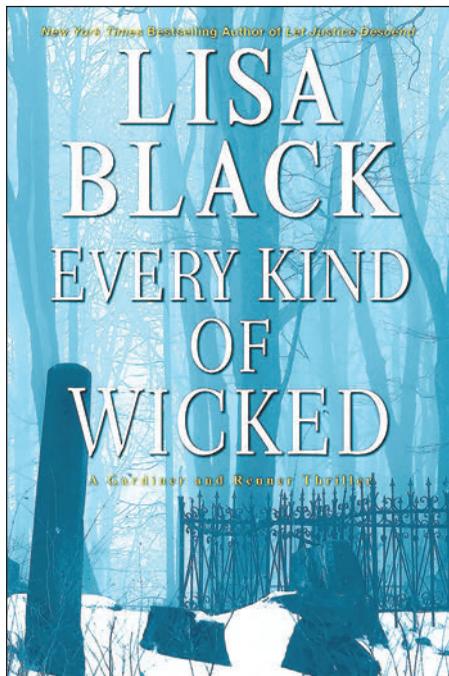


image provided

aren't. It just provides an excuse when needed.

Rick is also a homicide detective investigating what seems like a routine overdose on Cleveland's West Side. As he works to discredit Renner, he becomes a suspect when his bloody finger print shows up at one of the murder scenes. Rick and Renner's cases merge into the trail of a shadowy, pill-pushing physician who is everywhere and nowhere at once, as he dispenses pills by the truckload. Gardiner and Renner uncover a massive

financial shakedown hiding in plain sight. An interesting character, Shanaya, is a female friend of the first victim. She works for a scam outfit, and it rings true to many scams that exist today aimed at the elderly. Black is a latent print examiner and certified crime analyst for the Cape Coral Police Department, so

you learn a lot about what goes on at a crime scene. Approximately 2,500 overseas scam artists gave her the desire and the background needed to write the book by calling each day to explain how they could lower her credit-card interest rates. Sound familiar? *Every Kind of Wicked* is a thrilling read.*

School Smart



by Shelley M. Greggs, NCSPP

Dear Shelley, My son who's just entered kindergarten is struggling with coloring, drawing and writing. He doesn't hold his pencil correctly or

press down hard enough to write. How can I help him?

Tracey L, Fort Myers

Tracey,

Learning how to write is a process and has stages just as learning to speak does. Young children progress through stages, from looking at letters on the page of a book during infancy to producing those letters beginning in the preschool years. Learning how to write properly is a developmental milestone, and it is important to remember that – as with all developmental milestones – achievements are expected to occur within a broad range of ages, not at a specific time.

Typically by age 4, a child will have progressed through several types of grasps while scribbling and drawing, from the fist or power grasp to a more developed grasp like the tripod grasp. Kids usually develop this grasp between ages 4 and 6, and boys typically develop this later than girls. A less mature grip and light pressure can be a sign of muscle weakness in the wrist and fingers, the very muscles needed for writing.

The best way to help a child who hasn't mastered this grasp and who needs further development of the muscles used for fine motor activities is through a fun and games approach. There are so many activities for children that help to develop these muscles, such as lacing toys, building blocks, wind-up

toys, cutting paper with safety scissors, construction games such as Legos or Tinker toys and tweezer type activities. Playing with clothespins are another great way to build muscle strength. Play involving modeling or play clay is also an excellent way to promote finger and wrist strength.

By showing a child how to make different shades of color from the same crayon or pencil you can help them learn to exert more pressure or reduce pressure on the writing tool depending on what effect your child wants to make. You can demonstrate by shading lightly, shading with more pressure and then shading with a lot of pressure to show how the color changes. Ask your child to identify which shade goes with which amount of pressure, and then have him try to create the different shades when coloring.

Triangular crayons are a great way to promote a mature grasp; they are generally thicker than regular crayons and their triangular shape creates a surface on which to place each finger. There are also triangular grips you can purchase to put on pencils and crayons to help your child learn how to grasp properly.

Remember to have fun with these activities! Learning to write should not be a stressful experience for your child. If your child isn't having fun with these games or if no progress is made despite having fun, you may want to discuss his development with your doctor to see if a referral to an occupational therapist is indicated.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

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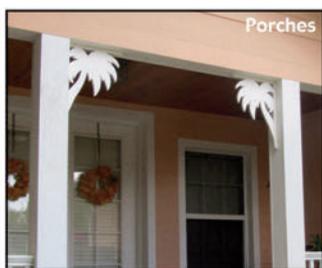
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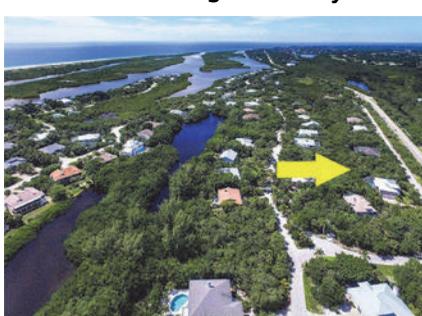
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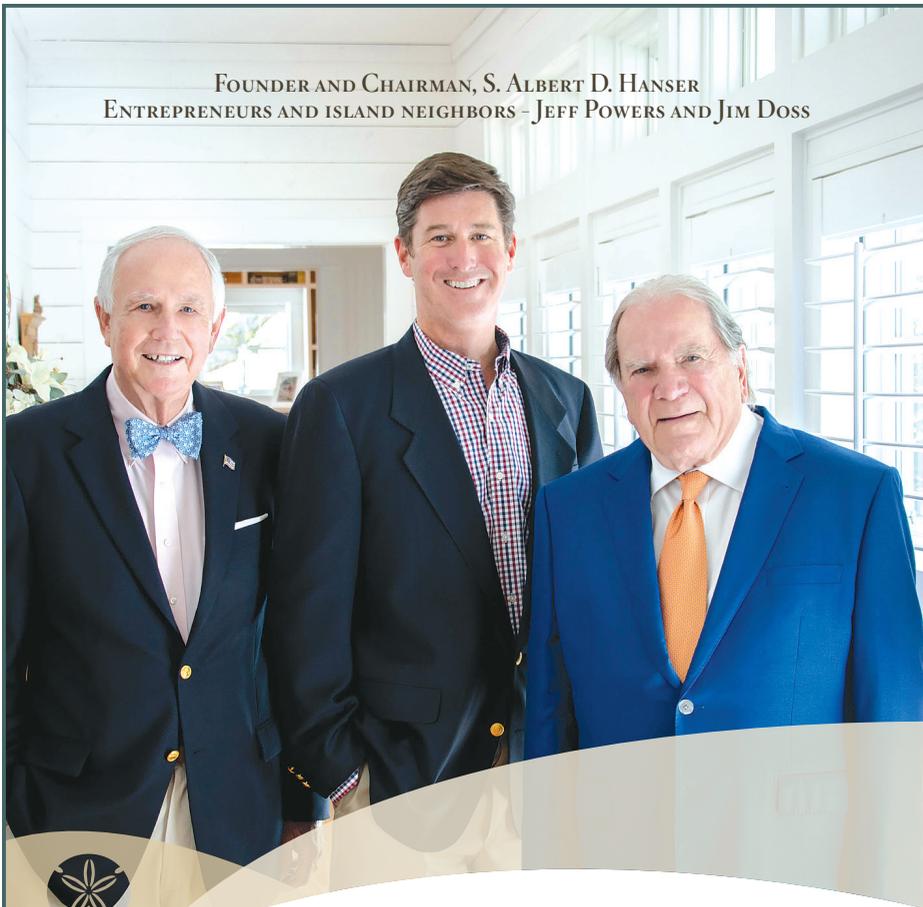


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Superior Interiors

Refresh The Living Room Scheme



by Linda Coin

Have you ever walked into your living room only to find yourself feeling unsatisfied by the setup that you've had for years? Perhaps the lighting is off, the color scheme

doesn't seem right, or the entire furniture arrangement is bothering you. Maybe you've been feeling this way for a while, or you simply want to make a few adjustments before season is here. Regardless of your reasoning, the smallest changes can have the biggest impact on the overall atmosphere in your home.

If you're not willing, nor planning, to redo your entire living room, you can still achieve an improved mood by making just a few simple changes to refresh the space.

The atmosphere can make or break how comfortable you and your guests are in your living room, an area of the home that's supposed to welcome everyone with open arms. If the mood seems dim and grim, you may consider updating your lighting arrangement. A new, modern geometric lighting fixture that uses abstract shape and design can light up the room while giving your space a hint of personality. Adding updated lighting fixtures to your living room is the easiest

form of a pick-me-up, and it takes such little effort.

If your current lighting arrangement seems fine, but you want to play around with natural lighting instead, reconsider your window treatments. The right design will let the sunshine flow in throughout the day, allowing the mood in the living room to evolve depending on the time. Plus, there's something so bold about dressing your windows in new treatments. While it may seem a small adjustment, the tone of the space can change completely based on the style, texture, hue and shape you choose.

Take a look around the living room. Do you have enough accessories to complement the color scheme and overall feel of the space? Are you lacking expression, or do you simply need to rearrange your current accessories because they seem outdated? Swapping out old accessories for new ones can be the perfect dose of change in your living room. Try adding a decorative tray to your coffee table and fill it with a few candles, vases, flowers and coasters. A new arrangement of art can transform a wall with minimal effort.

One element that can completely transform your space and bring the room together is an area rug. This is a simple and budget friendly way to change things up. What's best is how easy it is to exchange one rug for a new one if you outgrow the color, texture, or pattern in the design. Plus, you can move it from room to room when you're ready to change things up again.

Linda Coin is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coindeciden.com.✱

Clinic Offering Free Screenings To Prevent Falls

September is Fall Prevention Awareness month and to recognize the local need to prevent falls, Island Therapy Center on Sanibel is offering free virtual or in-clinic screenings for fall risk, throughout the fall season. Screenings are conducted by licensed physical therapists on staff.

"We are very concerned about individuals who have restricted their activities during the pandemic, and are now more isolated and sedentary than they otherwise might be," said Rachel Tritaik, physical therapist. "This can start a vicious cycle of social isolation, inactivity, weakness, reduced confidence, fear of falling and possible injury from a fall. This cycle can be interrupted, but needs to be recognized and addressed. We have seen patients recently who have been reluctant to come in for regular strengthening and balance treatment because of COVID-19, but are reassured by our infection precautions. Patients can also perform a customized home program, with periodic checkups in the clinic or via Telehealth, if they want to minimize visits."

Intervention with targeted balance, stimulation and strengthening exercise reduces the risk of falls. Physical



Celestine Luke and Rachel Tritaik photo provided

therapists also educate their patients on how to avoid falls, improve home safety, reduce injury with a fall and how to get up from a fall. For those with balance issues, walking while wearing an ill-fitting facemask can be a hazard. A mask that fits securely around the nose and cheeks without gaps can correct this problem.

Falls are the leading cause of fatal and non-fatal injuries among older Americans according to the National Coalition on Aging and the CDC. For those with

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Chamber Virtual Ballot Power Hour

The November elections have many people mystified about which way to vote on the amendments to the ballot. The Sanibel and Captiva Islands Chamber of Commerce executive board considers it such an important topic, that it has opened its Friday, October 2 government affairs committee meeting to the entire membership, starting at 8:30 a.m.



Michael Nachev

The speaker will be Michael Nachev, system director of government relations for Lee Health. "He will be giving a description of each of the six amendments that will appear on the ballot this year and will answer questions so that our membership can be well-educated voters as they go into the polls," said John Lai, chamber president and chief executive officer.

"Every election is determined by the people who show up," said Nachev. "I borrow that quote from American political scientist Larry Sabato. It is not only your duty to vote in our constitutional republic, it makes good business sense. You as business leaders have built something and know what it means to have others count on your work product. Don't let someone else decide who will shape your business

and our future without your voice being heard."

The chamber will send members Zoom invitations to register for the virtual event. When members RSVP, they will receive a link to the Zoom meeting in advance. Sponsorships are still available for the presentation. For information on becoming a sponsor or registering for the meeting, contact Ashley Pignato at ashley@sanibel-captiva.org. Participants can also send questions for Nachev to Pignato in advance or submit them during the meeting through the chat feature.✪

From page 1

Blind Raccoon

Anderson read about Lee and Trouper and thought they would be a good fit to speak to his co-workers. Surprisingly, Anderson works for the International Monetary Fund (IMF), the organization established to ensure stability of the international monetary system.

The IMF, staffed by people from all over the world, works with 190 countries on macroeconomic issues so countries can have fair exchange rates for transactions with each other.

Anderson is its chief information officer and director of information technology. He manages the IMF's global technology and cyber security.

"I try to keep them connected and out of trouble," Anderson said with nonchalance during an interview via Cisco Webex, although his job has taken on even greater importance during the pandemic due to increased international hacking attempts.

So what could the IMF possibly learn from a blind raccoon?

About 85 percent of the IMF staff is not originally from the United States. Employees had been working in Washington, DC until March, but due to coronavirus, the office was closed and staff began working from home, potentially anywhere in the world. Anderson headed to his Florida home for quarantine.

"One of the things I always like to do is have a chance to educate my peers," Anderson said, admitting it's hard to sit in front of a computer for 10 hours a day. He has organized various presentations for staffers, such as virtual wine tastings, speakers from museums on slavery and Native Americans, musicians, and even NFL Hall of Fame running back Roger Craig.

"About half of our staff are PhD economists, so doing something that's fun and a little bit different, with a little bit of an educational angle I think will be greatly appreciated, away from the everyday number-crunching," Anderson said. "So we thought Trouper would be a great idea."

Anderson grew up as the son of a forest ranger, near federal parks in the Ozark Mountains and rural Georgia, where he learned respect for wildlife and conservation.

"Most of my life I assumed everybody had the same respect until one day I saw somebody throwing trash out of their car window. And I thought, 'What are they doing? Don't they realize animals are running in the street to try to eat this and will get hit by cars?' It was kind of eye-opening," he said.

With many world cultures represented in the IMF, staff members need to respect other views. Anderson said it is a continual cultural education process. American views on many topics are often in contrast to those from other nations.

Safe to say IMF staffers will be intrigued hearing about Trouper. And that message of respect is Lee's mantra.

"Every country has a different view of conservation," Anderson explained. "For people in some countries, this is going to be a new perspective, because they view wildlife as purely food. Or they view it as an obstacle that you run over on your way in traffic."

"The underlying message is, here's how we should be treating wildlife and nature as we move forward. So to see the interaction between Dot and Trouper, and the true affection they have for each other is just a very different perspective."

About 500 people have been invited to the private virtual presentation, including children of employees, scheduled for Thursday, September 24.

"We are very privileged and so excited at the fact that the International Monetary Fund, that does such wonderful work all over the world to make a better society, has asked us to do a presentation," Lee said.

"We are going to share with the world all about Trouper, what he is and what we do and what we believe in, which is respecting all life."

To learn more, follow Trouper and Friends on Facebook or visit www.wildlifeeducationproject.org. To book a virtual presentation, email dot@wildlifeeducationproject.org.✪

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Will Power

What's This Trust Administration?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

When a family member who has created a revocable trust passes away, it's not uncommon for the family to believe that the trustee will simply gather the assets, divide them up and distribute them right away. The belief is understandable considering that revocable trusts are often sold as probate avoidance vehicles.

Probate, you might recall, is a legal process wherein your personal representative (executor) admits the will into court as the last will of the decedent, gets appointed to act on behalf of the estate, clears creditors, pays taxes, manages the assets,

while ultimately distributing them as called for in the will. Every step is overseen by a court, which can be time consuming and expensive.

When someone has a revocable trust and has fully funded their assets into that trust prior to death, then the probate process can be avoided. But this doesn't mean that the trustee has many of the same responsibilities as the personal representative of the estate has.

The trustee must still seek out and satisfy the decedent's creditors and pay the decedent's tax bill (with the decedent's funds). The trustee has a fiduciary duty to properly manage and, in some cases, sell the decedent's assets, readying them for distribution to the beneficiaries. Should the trustee neglect his duties, he could be held personally liable to the decedent's creditors, taxing authorities and beneficiaries.

A major difference between a probate administration and a trust administration is that there is no probate court to oversee the trustee's actions. The trustee doesn't have to wait for a judge to act in order to move the administration forward. On the other hand, since there is no court supervision, if the trustee doesn't perform the acts that he's supposed to, his negligence may not be discovered in time to mitigate damage to the estate and its beneficiaries.

That's why it's so important that when naming a trustee in your trust, you select a responsible, ethical, trustworthy (pun intended!) individual or firm.

Upon learning of the trustee's duties, some wonder if creating and funding a trust is worth the time, effort and money. It is for most anyone with any degree of wealth. First, a trust is private, as opposed to your will and probate process, which is public. In today's age of identity theft, it makes sense to keep your wealth private. You don't want your loved ones vulnerable while grieving, or any time for

that matter.

Trust attorneys help guide the trustee through his responsibilities during an administration. The process is often smooth, depending upon the family. In those families that have longstanding sibling conflict, it can get a bit dicey at times. Similarly, for those decedents who "wheeled and dealt" during their life and didn't tie up loose ends, the estate administration could have some unusual issues.

But for the vast majority of clients, trust administrations proceed without conflict. This isn't to say that there aren't difficult decisions to be made. Whether real estate should be retained or sold, or whether a certain tax election should be made can have a substantial effect on the family's inheritance.

Hopefully the client developed a relationship with his estate planning attorney, and introduced his attorney to his loved ones, so the attorney wasn't unfamiliar to them when the client passed away. This fosters a great working relationship, which may ultimately result in favorable outcomes during the administration.

If you have a revocable trust, it's a good idea to understand the trust administration process, and to instruct your loved ones who may one day take on these responsibilities, so that there are no surprises later.

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ISLAND SUN BUSINESS NEWSMAKERS



McMurray and Members



Maureen Ahmed

Royal Shell Real Estate

The top producers for August at the Royal Shell Real Estate Sanibel-Captiva office were: McMurray and Members, top listing team; Maureen Ahmed, top listings producer individual/partners; Team Newman/Panico, top sales producers; and Trevor Nette, top sales producer individual/partners.✪



Fred Newman and Vicki Panico



Trevor Nette

How's The Market? Ask Ann

Listed below are last week's sales reported through our MLS system. Quite a good week, considering we are out of season. Speaking of this, let's take a look at Closed Sanibel Sales from June 1st, 2020 to September 15th, 2020 compared to the same period in 2019. This summer (2020), there were 85 Home Closings, 36 Condo Closings and 6 Vacant Lot Closings. Last year, there were 53 Home Closings, 30 Condo Closings and 6 Vacant Lot Closings. A substantial INCREASE! In addition, inventory is at very low levels. There are just 93 homes for sale (145 in June), 109 Condos and 54 Vacant Lots on the market. In my opinion, we are in a Seller's Market!



Ann Gee
Broker/Owner



This week, let's talk about having a home or condo inspected prior to closing. Most contracts call for the inspection to be completed in 15 days. I recommend the buyer interview three local experienced inspectors as well as a termite inspector. With many of our older properties, "age-related" issues are commonly addressed. These include roof condition, plumbing, electrical and AC units. Generally speaking, unless disclosed, they should be in "working order." Commonly, either a credit is given to the buyer or repairs are handled by the seller through negotiations. In my opinion, if the seller wants to sell and the buyer wants to buy, these issues get worked out.

Closed Sales Going Back A Week:

Vacant Land: 4767 Tradewinds - \$1,435,750	Home: 3001 Singing Wind Dr. - \$405,000
Condo: Colonnades 409 E. Gulf Dr. - \$235,000	1/2 Duplex: 5422 Shearwater Dr. - \$750,000
Condo: Sand Pointe 2737 W. Gulf Dr. #223 - \$735,000	Home: 1406 Causey Ct. - \$830,000
Condo: Pointe Santo 2445 W. Gulf Dr. D21 - \$530,000	Home: 1437 Causey Ct. - \$902,000
	Home: 2417 Wulfert Rd. - \$945,000

Thank you for reading my column. Feel free to call or email me with any questions or comments. Stay safe.

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1501 MIDDLE GULF DR. #1405, SANIBEL
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 • 1 Bedroom, 1 Bath
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Frankly Speaking

by Howard Prager



It seems like when cities hit it right in one sport it spreads to others. This edition is going to feature Tampa Bay. Tampa has two teams in the playoffs – the Lightning in the Stanley Cup Finals

and now the Rays in the Major League Baseball (MLB) playoffs. And the Bucs have their first win with Tom Brady. The good news story of the week deals with the son of a former Bucs star in Tampa.

First let me do my best to explain the new baseball bubble, taking place at home fields for the first round followed by a bubble in Texas and California. To ensure that the 60-game season (barely) counted, over half of all MLB teams (16) will be in the playoffs. The six winners of their divisions, three in each league; the runner up in each division, another six teams; and two wild card teams in each league, the teams with the next best records. The first round is called the Wild Card and is a best two out of three, taking place in the ballparks of the division-winning teams. As of this writing, Tampa has the top seed and home field “advantage” in the AL, and would play the Blue Jays. The

Cubs would face the Phillies, but have a disadvantage, because they are only hitting .216 at Wrigley Field, the lowest average in Cubs history. Minnesota Twins are also most likely in the playoffs as the second-best team in their division, and could have the Yankees coming in to face them at Target Field if things stay the same. Baseball playoffs start next Tuesday, September 29 in the AL and Wednesday, September 30 in the NL. One other new wrinkle. Once the teams get into the “bubble,” there will be no travel days or off days during that series. That could take some new strategy on the part of managers as they have to have pitchers and players ready to play “like the regular season,” except it’s the playoffs.

Tampa Bay’s hockey team is back in the Stanley Cup Finals and hoping for a repeat of 2004 when they won it all. As of this writing, the Lightning are tied one game apiece with the Stars, who are also seeking their second Stanley Cup. To get here, the Bolts had to zap the Bruins, the runner-up in last year’s Finals. Part of the key is if Steve Stamkos can return. He’s been practicing with the team. His absence was especially missed on powerplays, where the Bolts were 0 for 3 in Game 1 and finally broke through in Game 2 after going 28 minutes without a goal in power play time. Anyone’s guess how Stamkos can help after not playing for six months. Game 3 will have been played by the time you read this.

Tom Brady is nothing but consistent. His QB rating for the first two games was 78.4 and 80.3. He was 23 of 35 in completions, after going 23/36 the first week. Last week they won, despite dropping 12 passes in the game. The defense is looking good, and the offense scored 31 points. From Tom Brady’s perspective, they should have scored much more. That may be a new and healthy attitude the Bucs need to have in their locker room and on the field.

The good news story of the week is about a comeback in health. Rex Culpepper is from Tampa and is a senior quarterback for Syracuse. His father, Brad, played for the Bucs (along with the Vikings and the Bears). A year and a half ago, Rex was diagnosed with testicular cancer. This story is a personal one for me – I am a survivor of that, too. (Please encourage all the men in your lives, especially young men from age 16 to 40, to check for this. It is highly curable when caught early). Rex’s cancer had spread to his lymph nodes, and he needed 100 hours of chemo. He beat the cancer and came back to the team last season when he threw two passes as a backup. Last Saturday at Pitt, Culpepper found receiver Taj Harris sprinting down the right sidelines in the second quarter and converted the 69-yard touchdown, sparking a massive celebration as the Orange took a 10-7 lead. Sadly, the lead didn’t last and Syracuse lost.

Culpepper ended up 4 for 9 for 88 yards. While they didn’t get the win, it was an emotional day for Culpepper’s entire family. “Rex has been through hell and back,” his mom, Monica, said, via *The Athletic*. “To see him celebrating that touchdown with his teammates, it meant so much to us because we know the process it took to get to that moment.”

This is definitely a Tampa year. Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandnews.com.✪

American Legion Post 123 Is Open

American Legion Post 123 has reopened and is following all safety guidelines. There are daily specials as well as half-pound burgers, served from 11 a.m. to 8 p.m.



Post 123 is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. For more information, call 472-9979.✪

ISLAND SUN BUSINESS NEWSMAKERS



Greg Demaras



Lisette Hitt



Kerri Maw



Kelly Huguenin

Pfeifer Realty Group

The top producers for August at Pfeifer Realty Group were: Greg Demaras, Lisette Hitt and Kerri Maw, top sales agents; and Kelly Huguenin, top listing agent.✪

SPORTS QUIZ

1. Before embarking on a prolific acting career in film and television, Bernie Casey played eight seasons in the NFL with what two teams?
2. In 1952, fish market owner Pete Cusimano celebrated a Detroit Red Wings goal and started a new tradition by throwing what on the ice?
3. How many inches in diameter is the hole on every standard golf course’s putting green?
4. What relief pitcher led the NL in saves while a member of the Florida Marlins in 2000? Hint: He had polydactyly (six fingers on each hand and six toes on each foot).
5. Name the real-estate magnate who led a group of investors in purchasing the Minnesota Vikings from businessman Red McCombs in 2005?
6. The walled court on which sports such as Basque pelota and jai alai are played is known as what?
7. Who became the youngest driver to compete in Formula One when he started the 2015 Australian Grand Prix at age 17 years and 166 days?

ANSWERS

1. San Francisco 49ers (1961-66) and Los Angeles Rams (1967-68).
2. An octopus.
3. 4.25 inches.
4. Antonio Alfonseca.
5. Zygmunt “Zyg” Wilf.
6. A fronton.
7. Max Verstappen.

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dearRPharmacist

Are B Vitamins Useful For Treating Acne?



by Suzy Cohen, RPh

Dear Readers: Consuming a healthy diet is getting more difficult for everyone lately. So taking supplements to fill in the nutritional gap is

a good idea. Today, my focus is on B vitamins because those formulas are very useful to people, not only for energy, but also to control nerve pain and to help beautify the hair, skin and nails.

Most of you associate biotin as the beauty B vitamin, and that is true, however it's not alone in its ability to support attractiveness. We know that a vitamin B12 deficiency can cause anemia, and therefore also lead to hair loss, pale skin and brittle nails. If you have bluish-black or dark-colored streaks on your fingernails, it might be a sign of B12 deficiency. A deficiency in natural folate can also change the color of your nails and make them rigid and crack. Vitamin B5 reduces sebum oil production.

Biotin is made by you, you know. It's manufactured by the probiotics in your gut. A little-known fact is that B12 will not work without enough biotin in your body. Most people don't know that. So if you want to make more of your own B vitamins, you could start by thinking about gut health, dietary changes and/or a good probiotic. In as little as three months, you could see changes in your looks, maybe even sooner.

But are B vitamins useful for treating acne? Yes, if you take them in biologically active forms and you keep them in good balance. Biotin and pantothenic acid supplements are useful in treating acne. But B12 is 100 percent dependent on you to have enough biotin.

I saw this a lot when I was in clinical practice. People would test low serum B12. Their doctor would give them

shots of B12 for that, to raise their levels quickly. But high doses of B12, when you've been in short supply for years, is not a great idea at all if biotin is low. First, you'd want to prime the body with biotin.

It is likely that a balanced supply of the B vitamins (in particular B12, biotin and niacin) are worth a try if acne is persistent. There are other natural approaches you can take for acne such as saw palmetto, DIM and zinc. I like all of those options much better than the drug that teenagers take (that if taken during pregnancy is associated with cleft lip, congenital heart problems and other birth defects). The B vitamins are so important for your life and, unfortunately, they are so terribly misunderstood. What's worse, millions of people are buying supplements of B complex that do not contain any biologically active ingredients whatsoever.

If you're interested in more about acne, B vitamins, skin health and natural approaches to more attractive skin, I can email you the more comprehensive version of this article. Just sign up for my free newsletter at www.suzycohen.com.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.

From page 24

Prevent Falls

osteopenia or osteoporosis, a fall can easily result in a fracture. Contributing factors can include vision problems, medications, being sedentary, medical conditions contributing to weakness, numbness or poor balance, dizziness, safety issues in the home and community, and incorrect footwear. Physical therapy intervention to treat most fall-related conditions is covered by Medicare and most insurance.

To schedule a clinic or virtual screening, or a formal physical therapy evaluation, call 395-5858. Virtual screenings are conducted through a secure Telehealth platform. For more information, visit www.islandtherapycenter.com. Masks are required for all persons entering the clinic, located at 2242 Periwinkle Way, Suite 2, in Sanibel Square.*

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: What is the difference between grief and depression?

A: Depression is an emotion that can be consciously transformed. Grief is a reaction to a loss that transforms

you. Loss comes in many forms: death of a loved one, pet, relationship, job, and it leaves a void inside and can effect one in many ways.

Grief has to resolve itself in time and it's what you do with the time. Grief is a funny thing... it comes in waves and eventually it can open up the heart. Depression can be a healthy stage of grieving. It's also a place where people can get stuck. Current grief can be compounded by depressions that proceed it.

It is helpful to address old issues related to depression, including listening to your intuition, which enables you to be able to work through and heal from your grief and accept loss more easily in time.

When you are feeling down, take a few moments to meditate on the

existence of hope. Every moment, our universe is expanding and bringing more and more light everywhere. Miracles do exist, and whatever you are grieving and going through, know there is hope for a new day.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.*

Top 10 Books On The Island

1. *The Second Mother* by Jenny Milchman
 2. *Everything Beautiful in its Time* by Jenna Bush Hager
 3. *Rage* by Bob Woodward
 4. *Auntie Poldi and the Handsome Antonio* by Mario Giordano
 5. *Caste* by Isabel Wilkerson
 6. *Her Last Flight* by Beatriz Williams
 7. *The Vanishing Half* by Brit Bennett
 8. *All the Devils Are Here* by Louise Penny
 9. *What You Wish For* by Katherine Center
 10. *Trouble in Paradise* by Jennifer Schiff
- Courtesy MacIntosh Books and Paper.*

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Beautifulife:

Treasures

by Kay Casperson



I bet that most of you have heard the phrase, "One person's trash is another person's treasure." I am a firm believer in that very thing and rarely throw anything away that my family doesn't

need or use anymore. Instead, I find a way to repurpose it somewhere else, give it away, or donate it to a charitable organization.

I grew up with parents who loved to look for antiques at garage sales, estate sales and markets. They collected so many things, and many of them – my siblings and I would agree – should never have come home with them. In fact, when my Mom passed on and I helped to move my Dad to a new home in a senior living community, I spent an entire week going through many of his treasures.

It was not easy for him to let go of things even though he knew he needed to downsize. So, he put them in categories, something to keep, things to give, items to donate. It was interesting to watch, and I had to try to keep him from pulling things back out of the piles at times.

Most of us have treasures that we

search for and collect along the way. Because I live on an island surrounded by some of the most beautiful seashells, looking for that next treasure is something I do on my daily beach walks. Even there, I see people looking for only certain shells and leaving behind something that others think is their next treasure.

Regardless of where you live or where your travels lead you, there are treasures somewhere waiting to be found. There are many things to collect as treasures, from teacups, trains and teddy bears to wines, dolls and snowglobes. Having that little something to look for along the way can make your everyday routines or travels just a little more adventurous.

So, as you continue to clean out your closets, cabinets, garage and storage spaces, I encourage you to repurpose your items as much as possible. Put them in a new place, give them away or donate them to a charity, because there just might be someone out there looking for their next treasure in the things you no longer need.

My affirmation for you this week is:

"I will cherish the little treasures that I find on the path to my best and most beautiful life."

*Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.**

Doctor and Dietician

Add Zucchini To Your Diet For The Health Benefits



by Ross Hauser, MD
and Marion Hauser, MS, RD

Zucchini is a summer squash also known as courgetti and is in the same plant family as melons, spaghetti squash and cucumbers: Cucurbitaceae. It is often considered a vegetable but is botanically classified as a fruit. Who knew? The dark green squash was first developed in the early 1800s in Italy. It has been used in folk medicine to treat colds, aches and other health conditions. Zucchini is low in calories and rich in vitamins, minerals, and plant compounds that help our immune systems.

Zucchini contains carotenoids – antioxidants that help protect our bodies from free radicals – and much of these benefits are found in the green skin. If you have ever worked with zucchini, you know it is loaded with water. It also contains a healthy amount of fiber, so adding zucchini to your diet aids in normal digestion and bowel function. Adding zucchini to your diet will have an overall beneficial effect (because adding veggies does that) including stimulating bone health, immunity, heart health and hormone function.

You may have been accustomed to an overabundance of zucchini from yours or your friend's gardens. And sometimes they can grow huge! So, what can you do with these zucchinis to add them to your diet?

One of our favorite things to make with zucchini is zucchini fritters (sort of like potato pancakes). Shred one large zucchini and wrap it in a towel to squeeze out as much liquid as you can. Add one egg, half cup gluten-free flour, half cup shredded cheese, (we also like to add chopped cilantro), chopped green onion and garlic, and your favorite seasonings, salt/pepper. Mix. Heat some oil in a skillet and drop mounds onto the pan, pressing them lightly into rounds. Cook a few minutes per side.

We also make zucchini pizza crust much the same way as above but press it into a pizza or sheet pan. We are also big zoodleers – spiralize zucchini noodles versus pasta, or slice it to replace lasagna noodles. We also love to eat it as a side dish, sliced and grilled with a little olive oil and garlic. You can also add it to breads, pancakes, muffins, or cakes or stir-fry, rice/lentil dishes, or soups. It's so versatile.

So, give zucchini a try! It's healthy and tasty!

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.**

City Seeks Student Aides For Rec Center

The City of Sanibel is looking for student aides to assist at the Sanibel Recreation Center. Applicants must be current high school seniors or high school graduates age 17 or older. Experience working with youth is desirable but not required. Pay is \$13 per hour. Sanibel Causeway and Cape Coral tolls are paid, if applicable.

For a full job description and to apply online, visit www.governmentjobs.com/careers/sanibel.*

From page 19

Community House

on Monday, Wednesday and Friday from 10:30 to 11:30 a.m. Participants can bring their own weights, \$5 suggested donation.

Play the card game Hearts on Fridays at 1 p.m. Open to all levels, \$5 suggested donation.

Camp to Go Shell Critter Kits are available for purchase or to ship. Choose four out of 13 critters for you to assemble. Cost is \$20 per kit, shipping is \$8 additional.

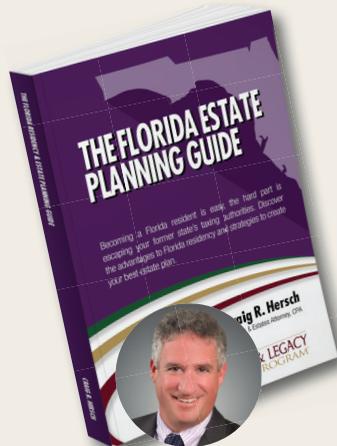
Camp to Go Art Kits are also available for purchase or to ship. There are eight different postcards to color and Zentangle. Sharpie and educational video link included. Cost is \$20 per kit; shipping is \$8 additional.

*The Community House is located at 2173 Periwinkle Way. For more information, visit www.sanibelcommunityhouse.net or call 472-2155.**

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by **Craig R. Hersch**
Florida Bar Board Certified Wills,
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PETS OF THE WEEK photos provided



Bugzzy ID# A438230

Lee County Domestic Animal Services

Bugzzy And Binx

Hello, my name is Bugzzy. I am a 13-year-old male labrador retriever mix who may be a senior but has tons of love left to give. My absolute favorite pastime is to have my head scratched and to scootch myself backwards until I am sitting on your lap. If you come meet me, it will take approximately 2.5 seconds to fall in love. My adoption fee is \$10.

Don't let a silly superstition keep you from adopting the love of your life. Hi, I'm Binx. I am a 7-month-old female domestic shorthair who is not only beautiful and sweet, I am also quite petite



Binx ID# A827734

and will stay on the small side. I am a staff favorite and hang out in the office area. I will definitely keep you entertained. My adoption fee is \$10, and you can get a feline friend at no additional charge when you adopt me.

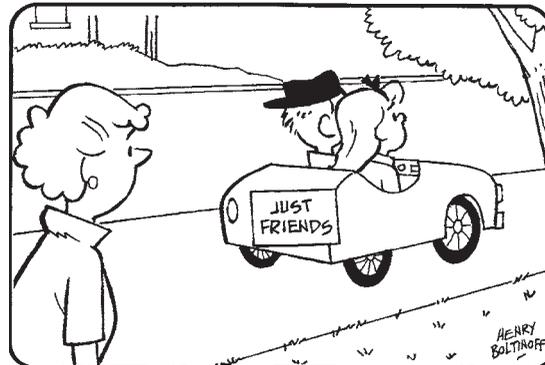
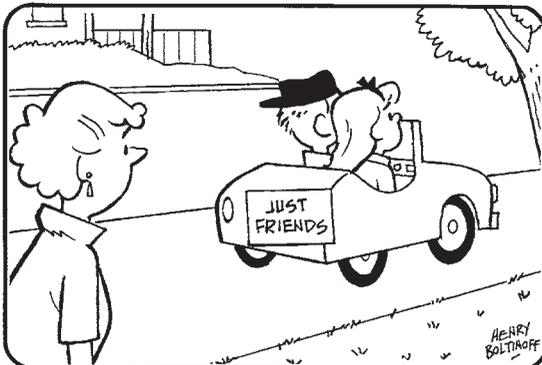
Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10 a.m. to 4 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopted one and get a feline friend at no additional charge. For more information, call 533-7387.*

PUZZLES

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.



Differences: 1. Tree is larger. 2. Fence is missing. 3. Hubcaps are different. 4. Earring is different. 5. Windshield is gone. 6. Wall has been extended.



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Mistake
PEALS

Gift
GITARS

Place
STILLAN

Roam
MARBLE

TODAY'S WORD

"Your tired?! I guess it just proves that women have more _____ than men."

Answer on page 39



CALLING CARD 239-395-1213

Emergency	911
Sanibel Police	472-3111
Lee County Sheriff's Office	477-1200
On Call Captiva Deputy	477-1000
Fire Department, Sanibel	472-5525
Fire Department, Captiva	472-9494
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
Chamber of Commerce	472-1080
City Council	472-4135
City Building Department	472-4555
City Manager	472-3700
City Planning & Code Enforcement Department	472-4136
City Public Works	472-6397
Library, Sanibel	472-2483
Library, Captiva	239-533-4890
Post Office, Sanibel	472-1573
Post Office, Sanibel (toll free)	800-275-8777
Post Office, Captiva	472-1674
Sanibel Community House	472-2155
Center 4 Life, Senior Center	472-5743
ARTS	
Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	277-1700
Herb Strauss Schoolhouse Theater	472-6862
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.org
Southwest Florida Symphony	418-0996
Symphonic Chorale of Southwest Florida	560-5695
CLUBS & ORGANIZATIONS	
ABWA	http://abwasanibelcaptiva.org
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon of SWFL	https://www.audubonswfl.org/
Audubon Society	472-3744
Bailey-Matthews National Shell Museum	395-2233
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
COTI Committee of the Islands	coti@coti.org
CROW, Clinic For The Rehabilitation of Wildlife	472-3644
Disabled Am Vets #108 (San-Cap Rep Ted Tyson) Help 211	984-5920
FISH OF SANCAP Neighbors Helping Neighbors	472-4775
FISH OF SANCAP 24-hr service	472-0404
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
JN "Ding" Darling National Wildlife Refuge	472-1100
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
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Newcomers	472-9332
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 FRIDAY Mostly Cloudy High: 89 Low: 78	 SATURDAY Partly Cloudy High: 88 Low: 79	 SUNDAY Mostly Sunny High: 87 Low: 75	 MONDAY Sunny High: 88 Low: 77	 TUESDAY Mostly Sunny High: 85 Low: 73	 WEDNESDAY Mostly Cloudy High: 83 Low: 74	 THURSDAY Sunny High: 81 Low: 69
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Redfish Pass Tides

Day	High	Low	High	Low
Fri	7:24 am	3:59 pm	None	None
Sat	12:39 am	2:30 am	9:12 am	4:59 pm
Sun	12:46 am	4:13 am	10:38 am	5:45 pm
Mon	1:01 am	5:14 am	11:40 am	6:22 pm
Tue	1:15 am	6:00 am	12:30 pm	6:51 pm
Wed	1:27 am	6:39 am	1:13 pm	7:16 pm
Thu	1:37 am	7:13 am	1:51 pm	7:37 pm

Point Ybel Tides

Day	High	Low	High	Low
Fri	6:29 am	4:01 pm	11:44 pm	None
Sat	8:17 am	2:32 am	11:51 pm	5:01 pm
Sun	9:43 am	4:15 am	None	5:47 pm
Mon	12:06 am	5:16 am	10:45 am	6:24 pm
Tue	12:20 am	6:02 am	11:35 am	6:53 pm
Wed	12:32 am	6:41 am	12:18 pm	7:18 pm
Thu	12:42 am	7:15 am	12:56 pm	7:39 pm

Punta Rassa Tides

Day	High	Low	High	Low
Fri	6:51 am	1:02 am	9:19 pm	3:02 pm
Sat	8:18 am	2:50 am	None	4:09 pm
Sun	12:43 am	4:08 am	9:54 am	5:17 pm
Mon	1:03 am	5:26 am	11:34 am	6:19 pm
Tue	1:15 am	6:30 am	12:36 pm	7:07 pm
Wed	1:31 am	7:19 am	1:18 pm	7:48 pm
Thu	1:51 am	8:00 am	1:55 pm	8:23 pm

Cape Coral Bridge Tides

Day	High	Low	High	Low
Fri	9:34 am	7:15 pm	None	None
Sat	2:49 am	5:46 am	11:22 am	8:15 pm
Sun	2:56 am	7:29 am	12:48 pm	9:01 pm
Mon	3:11 am	8:30 am	1:50 pm	9:38 pm
Tue	3:25 am	9:16 am	2:40 pm	10:07 pm
Wed	3:37 am	9:55 am	3:23 pm	10:32 pm
Thu	3:47 am	10:29 am	4:01 pm	10:53 pm

My Stars ★★★★★

FOR WEEK OF SEPTEMBER 21, 2020

Aries (March 21 to April 19) Personal matters claim a good deal of the Lamb's time in the early part of the week. But by midweek, pragmatic considerations (work, school, job-seeking, etc.) begin to take priority.

Taurus (April 20 to May 20) The seasonal shift ignites the Bovine's creative aspects. You could do well if you try to combine your penchant for innovation with the more pragmatic demands of the week.

Gemini (May 21 to June 20) Ideas come easily to you this week. And never mind that some might suggest they're unworkable and/or impractical. It's your vision that counts. Work them out and see what turns up.

Cancer (June 21 to July 22) Personal matters continue to dominate the early part of the week. By midweek, more workaday issues once again begin to emerge. Balance your time to give both the attention they need.

Leo (July 23 to August 22) A new contact could provide an expanded opportunity. But be sure you get all the facts before you consider signing on. Ask questions, and be wary if you don't get the

right answers.

Virgo (August 23 to September 22) An unexpected development could cause some supposedly resolved disagreements to reignite. Deal with the situation before it leads to some really serious problems.

Libra (September 23 to October 22) A clash of work-linked viewpoints needs to be discussed openly, honestly and calmly by all concerned before it can impede progress on an ongoing project.

Scorpio (October 23 to November 21) The Scorpion's pragmatic side helps you accept the possibility that a change of plans might be the wise thing to do. Be sure to weigh all your considerations carefully.

Sagittarius (November 22 to December 21) Some people might not take no for an answer. Never mind. Keep your resolve if you're sure you don't want to be involved in a potentially sticky situation.

Capricorn (December 22 to January 19) All other facts and figures aside, it's what you learn about potential colleagues that can be most helpful in assessing any decisions you're likely to make regarding a new project.

Aquarius (January 20 to February 18) You might want to reconsider some of your outside commitments if they continue

to demand more time than you can spare. Be honest with yourself when making a decision.

Pisces (February 19 to March 20) Pay attention to that inner voice of Piscean wisdom counseling you to remove those rose-colored glasses and take an honest look at any decisions you might face this week.

Born This Week: You have a penchant for persuasion that would make you a fine candidate for a political career.

MOMENTS IN TIME

- On Oct. 3, 1917, the U.S. Congress passes the War Revenue Act, increasing income taxes to unprecedented levels in order to raise more money for World War I. While only 5 percent of the U.S. population was required to pay taxes, U.S. tax revenue increased from \$809 million in 1917 to \$3.6 billion the following year.

- On Sept. 30, 1962, in Oxford, Mississippi, James Meredith, an African American, is escorted onto the University of Mississippi campus by U.S. Marshals, setting off a riot that left two men dead. The racial violence was quelled by more than 3,000 federal soldiers.

- On Oct. 2, 1971, *Maggie May* becomes Rod Stewart's first No. 1 hit and tops the U.S. and U.K. pop charts.

Maggie May was a last-minute addition to the album *Every Picture Tells a Story* and was originally released as the B-side to *Reason to Believe*.

- On Sept. 29, 1988, Stacy Allison of Portland, Oregon, becomes the first American woman to reach the summit of Mount Everest, the highest point on earth. Allison climbed the Himalayan peak using the southeast ridge route.

- On Oct. 1, 1993, Polly Klaas is abducted at knifepoint and then murdered by an intruder in Petaluma, California. Her father, Marc Klaas, later lobbied to bring about California's "three strikes" law, which gave life terms to criminals with three felony convictions, even though those committing less serious crimes also could face life in prison.

NOW HERE'S A TIP

- Cooking a recipe with garlic and onions to start? Invite me to dinner! But first, remember to let the onions cook to nearly translucent before adding the garlic, which cooks much faster. If you put both in at the same time, the garlic will burn before the onions have a chance to deepen their flavor.

- Automatic toilets are great for not having to touch the handles, but they can

continued on page 38

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From page 36

Now Here's A Tip

be scary for kids – and some adults too, if I'm being honest. Try putting a sticky note over the sensor so that it will not flush until you take it off, giving you some control.

- "For chores, I write tasks on sticky notes and put them up on our family board. The kids choose the things they want to do, and when they are done to my satisfaction I sign their ticket. At the end of the week, they can bring me the tickets to pay out. This is for extra money, so they don't have to do it; I don't have to chase them, and I don't have to keep track of it either." – EL in Montana

- Every so often, use a very diluted bleach solution to rinse out your reusable water bottles. Put them on a bottle rack to air dry completely before sealing them back up.

- "I use the same grip tape that my son uses for his baseball bat on my hand

tools, like my hammer and pry bar. I also have used it on my lawn tools. It makes a nice barrier that stays put." – CR in South Carolina

- Things you should wash with soap and water more often than you think: hairbrushes, eyeglasses (and sunglasses) and keychains. Think about how often they get handled and how infrequently they get cleaned.

STRANGE BUT TRUE

- English philosopher Sir Francis Bacon (1561-1626) is believed to have eaten a paste of ground pearls and lemon juice to cure illness.

- Speaking of pearls, the ancient Greeks believed they were the hardened tears of joy from Aphrodite, goddess of love.

- Facebook's theme color is blue because Mark Zuckerberg is red-green colorblind.

- Barking Sands Beach in Hawaii is famous for the "woofing" sound the dunes

make when built-up sand slides.

- In 2012, the makers of Bubble Wrap-brand cushioning conducted a survey in which respondents said that just over one minute of popping bubbles provided the stress relief equivalent to a 33-minute massage. Don't have any on hand? No worries. The manufacturer also released an iPhone app that allows you to pop virtual bubbles all day long.

- Fear of young people is known as "ephebiphobia."

- The astronomer William Henry Pickering thought that black spots on the Moon were migrating insects.

- In Ethiopia, a spot appropriately known as "The Gateway to Hell" is one of the hottest on earth, with air that's toxic to humans. Scientists have found organisms in its acid pools that are capable of surviving without oxygen.

- Avid readers aren't normally intimidated by a hefty tome, but they might well pause at what's been called the largest

book ever. Weighing more than 3,000 pounds and measuring 16.40 feet by 26.44 feet, with 429 pages, *This the Prophet Mohamed* was created in 2012 by 50 people in the United Arab Emirates.

- A gallon of gasoline contains a whopping 31,000 calories. We don't expect that you would actually drink it, of course.

- A California man who made a personalized license plate that said "No Plate" received more than 2,500 parking tickets.

THOUGHT FOR THE DAY

"Today's accomplishments were yesterday's impossibilities."

– Rev. Robert H. Schuller

TRIVIA TEST

1. **U.S. States:** Where is the Rock & Roll Hall of Fame located?
2. **Literature:** Which famous novel begins with the line, "You better not

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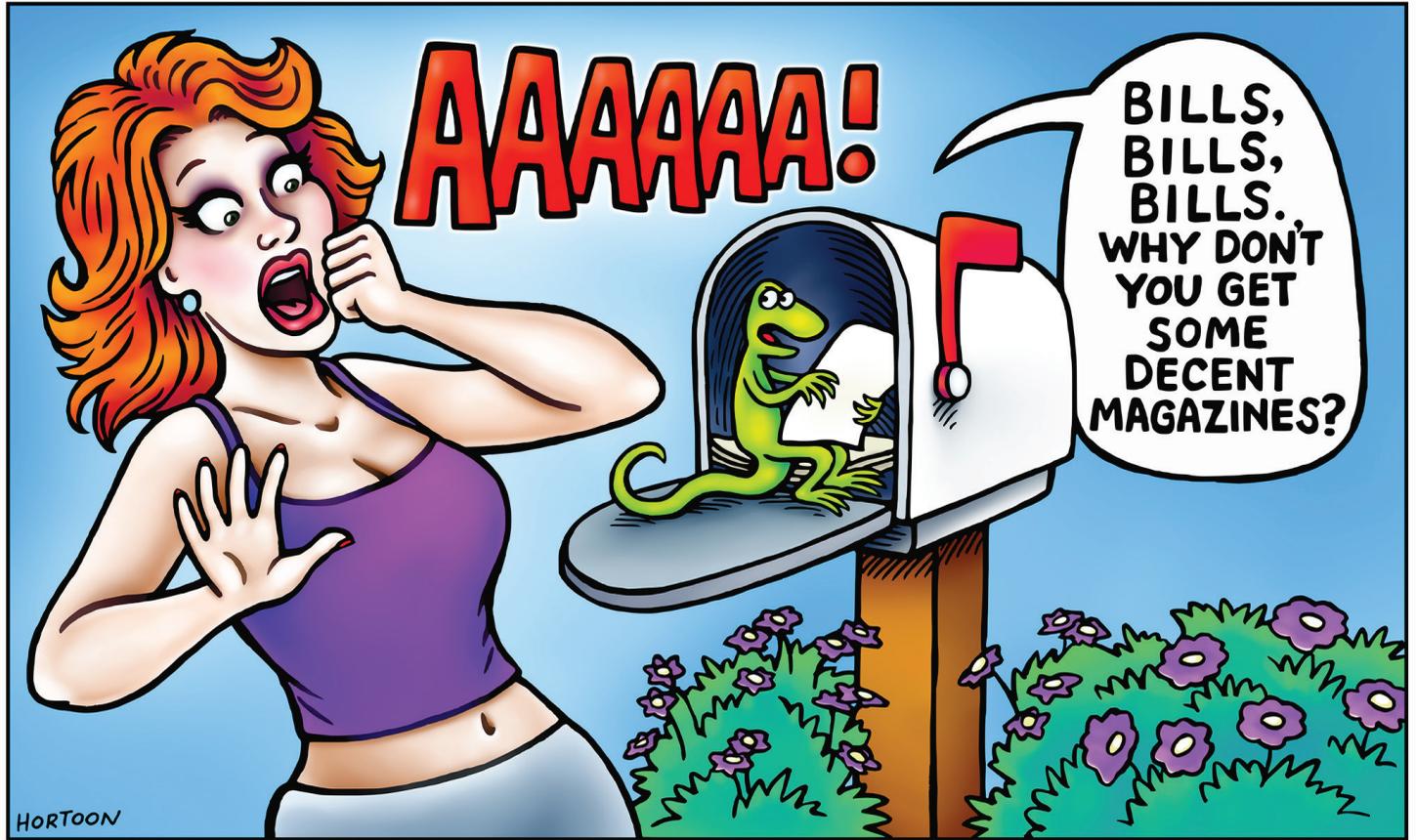
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- never tell nobody but God”?
- General Knowledge:** What is the nickname of Tulane University's athletic teams?
 - Music:** Acorn, drop, ball and barrel are all types of what?
 - Movies:** Which animated Disney movie featured the theme song *A Whole New World*?
 - Games:** How many strikes must one throw to achieve a perfect 300 score in bowling?
 - Anatomy:** Which human organ filters blood, removes waste and regulates salt levels?
 - History:** How many people survived the sinking of the *Titanic* in 1912?
 - Geography:** Where is the island of Palau located?
 - Animal Kingdom:** What is a group of rhinoceroses called?

HORTOONS



TRIVIA ANSWERS

- Cleveland, Ohio
- "The Color Purple"
- The Green Wave
- Drumsticks
- Aladdin
- 6, 12, 7, 10
- Kidneys
- 8, 706
- Oceania
10. A crash or herd

SCRAMBLERS ANSWER

- Lapse
- Gratis
- Install
- Ramble

Today's Word
STAMINA

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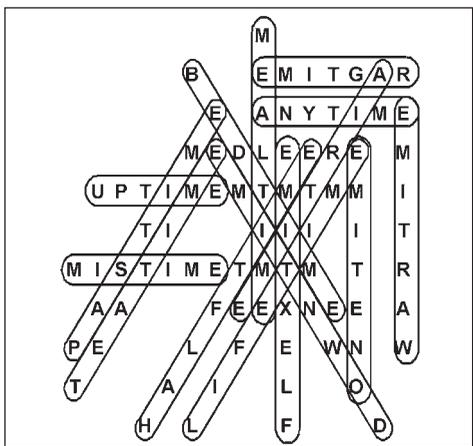
SUPER CROSSWORD

N	A	O	M	I	N	A	M	U	S	A	D	I	T	P	E	R			
U	R	B	A	N	E	D	A	S	N	E	R	I	S	R	A	E	L	I	
D	I	O	N	N	E	W	A	R	W	I	C	K	V	A	U	N	T	E	D
E	D	E	N	U	T	I	C	A	R	E	A	C	T	I	V	E			
A	I	R	R	O	Y	A	L	W	O	R	C	E	S	T	E	R			
C	A	L	N	O	R	S	H	E	E	T	S	Y	E	N	S				
A	R	I	A	L	H	A	D	O	N	A	E	C	T						
B	U	F	F	A	L	O	N	E	W	Y	O	R	K	T	E	A	B	A	G
A	B	E	T	A	D	D	L	E	I	P	R	E	S	U	M	E			
L	A	B	I	N	E	A	B	C	A	W	E	T	E	M	P	T			
L	I	N	D	S	E	Y	B	U	C	K	I	N	G	H	A	M			
L	O	O	P	S	I	D	S	T	A	I	C	E	E	T	A				
C	R	O	A	T	I	A	N	S	T	A	I	R	O	D	I	N			
D	O	D	D	E	R	A	B	R	A	H	A	M	L	I	N	C	O	L	N
P	E	P	E	O	S	S	I	E	T	U	D	E							
B	E	S	T	R	E	S	U	I	T	D	E	E	T	E	X				
A	C	H	U	M	P	A	T	O	X	F	O	R	D	A	R	F			
R	H	E	T	O	R	I	C	R	O	U	E	S	R	A	U	L			
B	O	L	E	R	O	S	K	E	N	T	U	C	K	Y	D	E	R	B	Y
R	E	L	E	A	S	E	A	N	N	E	T	T	E	E	S	T	E	R	
A	D	S	L	E	D	Y	E	W	E	S	S	S	H	I	R	E			

KING CROSSWORD

G	L	O	B	S	A	C	S	C	A	M	
R	O	L	E	E	G	O	A	L	B	A	
A	L	L	C	L	E	A	R	B	E	E	T
B	L	A	K	E	K	A	R	A	T	E	
E	G	G	S	C	A	R					
P	A	C	T	A	T	O	M	C	U	D	
E	M	U	S	L	A	T	E	U	S	E	
A	P	T	P	A	N	T	S	T	A	B	
S	P	A	D	O	W	N					
S	C	H	E	M	E	A	I	S	L	E	
E	R	O	S	S	H	O	R	T	T	O	N
T	O	R	T	P	O	W	C	O	R	D	
A	C	T	S	Y	E	N	H	A	Y	S	

MAGIC MAZE



SUDOKU

8	2	5	4	7	1	9	3	6
3	6	4	8	2	9	1	5	7
9	7	1	6	5	3	8	4	2
6	1	8	2	4	7	5	9	3
2	5	9	3	1	8	7	6	4
4	3	7	5	9	6	2	1	8
7	9	2	1	3	4	6	8	5
1	4	6	7	8	5	3	2	9
5	8	3	9	6	2	4	7	1

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bayfront Gardens	Bonita Springs	2018	5,648	\$4,850,000	\$4,450,000	221
Gulf Shores	Sanibel	1977	2,459	\$2,995,000	\$2,754,333	147
Verona Lago	Miromar Lakes	2006	3,878	\$1,649,000	\$1,435,000	155
Edgewater	Fort Myers	2002	5,292	\$1,595,000	\$1,500,000	72
Seaglass At Bonita Bay	Bonita Springs	2018	3,421	\$1,395,000	\$1,350,000	251
Beachview Country Club Estates	Sanibel	1999	2,594	\$1,375,000	\$1,280,000	118
Catalpa Cove	Fort Myers	2001	4,186	\$1,349,900	\$1,275,000	403
Bellagio At The Colony	Bonita Springs	2002	3,279	\$1,349,000	\$1,250,000	285
Westlake Court	Estero	2017	3,017	\$1,309,000	\$1,300,000	323
Edgewater	Fort Myers	1996	3,698	\$1,299,000	\$1,280,000	140

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YUCATAN SHRIMP!

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